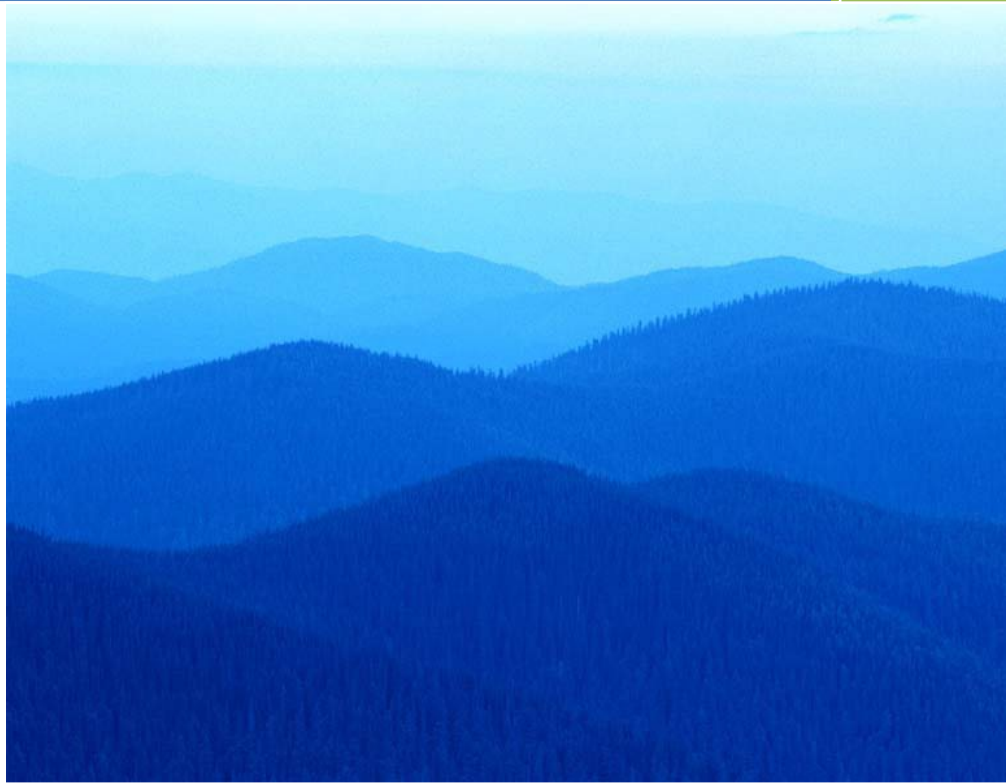


# Orientation Program for Infection Control Professionals



Module 8:  
Occupational  
Health

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## Module 8: Occupational Health

### Objectives

At the completion this module the ICP will:

1. Demonstrate a knowledge of the Occupational Health program within the facility
2. Describe the screening process for infectious diseases of healthcare workers on hiring
3. Identify the post exposure policy for infectious diseases including blood borne pathogens and occurrence reporting
4. Determine the process for staff contact tracing following contact with an infectious disease.
5. Demonstrate a knowledge of the Respiratory Protection Program
6. Determine the IC involvement with the Influenza Immunization Program
7. Display knowledge of work restrictions in the workplace
8. Identify at least five education sessions HCW should attend in order to protect themselves against occupational hazards

### Number of hours

Key Concepts – 2 hours

Methods – 1 hour

### Required Reading

- APIC Text: 3rd Edition, Chapter 26 - Occupational Health, Chapter 27 - Occupational Exposure to Bloodborne Pathogens, Chapter 107 -Immunization in the Healthcare Worker, Chapter 109- The Pregnant Healthcare Worker or
- Bennett JV and Brachman PS. Bennett and Brachman's Hospital Infections. 5th Edition William R Jarvis: Philadelphia; Pages 48, 68, 168 and 171
- Heymann DL (ed.). Control of Communicable Diseases Manual, 19th ed. Washington, DC: American Public Health Association; 2008
- BCCDC Communicable Disease Control Manual. Blood and body fluid management protocol (March 20102) <http://www.bccdc.ca/dis-cond/comm-manual/CDManualChap1.htm>

### Other readings

[BCCDC Communicable Disease Control Manual Blood and Body Fluid Exposure Management Management of Health Care Providers Pre and Post Exposure to Measles, Mumps or Rubella \(PICNet\)](#)

[BCCDC Tuberculosis Manual](#)

Varicella Zoster Virus Management in Health Care Settings (PICNet)

Public Health Agency of Canada. Infection control guidelines for the prevention and control of occupational infections in health care. Can Commun Dis Rep 2002;28S1:1-264 <http://dsp-psd.pwgsc.gc.ca/Collection/H12-21-3-28-1E.pdf>

## Overview

The infection prevention considerations when implementing an occupational health program is to provide a safe environment for patients/residents/clients and healthcare personnel.

Recommended practices need to be based on how infections are transmitted in a healthcare facility and should address minimizing the worker as a potential source or host.

## Key Concepts

The elements of an Occupational Health (OH) Program include surveillance, education, immunization, injury prevention, work restriction and the prevention of the transmission of infection. To address these elements a knowledge of certain key concepts are required and include pre-employment screening, post exposure follow-up, contact tracing, respiratory protection program, influenza immunization program, and work restrictions. In certain sections you will be asked to address the responsibilities assigned to the Occupational Health Program versus the responsibilities for the Infection Prevention and Control Program. If you determine that the ICP has no responsibility for this activity, just indicate not applicable (NA).

## Occupational Health Program

	Name and Contact Information
Office Location of OH&S	
Is there an Occupational Health Program in the facility?	
Who is in Employee Wellness nurse?	
Who is the Occupational Health and Safety Officer?	
Who is the Communicable Disease Control Nurse?	

## Pre-employment screening for communicable diseases

Screening program – Identify the process for screening for the following communicable diseases			
Diseases	OH pre-employment screening	Action of ICP	Action of OHS
Measles			
Varicella			
Tuberculosis (TB)			
Hepatitis B			
Tetanus			

**Post-exposure interventions**

	Action of ICP	Action of OHS
What does post-exposure mean in relation to bloodborne pathogens?		
What is the importance of post exposure follow up to Infection Control?		
What policies would you need to review in order to counsel the HCW who sustains a needle stick injury?		

**Contact tracing**

	Action of ICP	Action of OHS
What does contact tracing mean?		
Who is considered a contact? For example in a case of infectious respiratory TB?		
Is there a criterion for determining if a significant exposure to TB has occurred?		
If it was determined that an infectious case of TB was on a Patient Care Unit, who would be involved in determining the exposure and follow up required?		
Who does contact tracing for the patient?		
Who does the contact tracing for the HCW?		
Who does the contact tracing for the family?		

**Respiratory protection program**

<b>Respiratory Protection Program</b>		
What is a Respiratory Protection Program?		
Why is the existence of a Respiratory Protection Program important to IPC?		
Is there a Respiratory Protection Program available for HCWs in your facility?	Location:  Contact information:	
Do you know the different types of respirators/masks and indications for use. Give an example of each.	Mask	Respirator
Are you fit tested? If yes, indicate your respirator type. If no, you will need to get fit tested.	Type of respirator:	

**Influenza immunization program**

<b>Determine the components of the program</b>		
What is an influenza immunization program?		
Why is it important to have this program in your facility?		
Why is it important for the ICP to be involved?		
	Action of ICP	Action of OHS
If there is an influenza immunization program, describe the involvement of ICPs & OH as it relates to HCWs and to patients/clients/residents.		
When does planning for the annual influenza program start?		

**Work restrictions**

Define work restrictions.		
Determine if your facility has HCW work restriction for the following conditions.		
	<b>Action of ICP</b>	<b>Action of OHS</b>
Diarrhea of unknown etiology		
Influenza		
Herpes simplex		
Conjunctivitis		

**Education**

<b>Education</b>	<b>Action of ICP</b>	<b>Action of OHS</b>
Determine if there are educational sessions for HCWs for the following topics:		
• Personal Protective Equipment		
• RPAP and PCRA		
• Safety Sharps Program		
• Workplace Safe Practices		
• Waste Management		
• Enhancing HCW acceptance and availability of vaccines		
• Managing HCW with dermatitis and those who are immunocompromised		

## Methods

Discuss with your mentor and review specific policies for your healthcare facility.

### Scenario 1A

A new case of tuberculosis (TB) was just diagnosed in a patient. This patient has been in a four bed ward for five days

Questions	Action of ICP	Action of OHS
What should the nurse do once the isolation precautions are initiated?		
What would be the first steps the ICP would take when notified of this case?		
What is the role of the ICP in contact tracing for this scenario?		
Who initiates staff follow-up?		
What pre-employment screening endeavour will be important at this time?		
Who initiates family community follow-up?		
What aspect of the Respiratory Protection Program is important at this time?		
How do you determine if the HCWs have received appropriate education on the type of PPE and type of isolation required for this patient?		



### Scenario 1B

An Environmental Service worker is about to enter an Airborne Precaution room. (This patient has been diagnosed with TB). The worker is putting on PPE. You are auditing the practices of the worker.

Questions	Actions of ICP	Actions of OHS
When should hand hygiene be performed?		
What PPE must be worn?		
If the HCW applies a mask, what would you do?		
If the HCW applies a respirator, how would you determine if the HCW did a fit check?		
How will you know that the room is an airborne isolation room?		

### Scenario 2

An Environmental Service worker is stripping a bed and is pricked with a sharp. Assess the situation to see what needs to be carried out

Questions	Actions of ICP	Actions of OHS
What should the healthcare person do first?		
Healthcare personnel who come in contact with and body fluids should be vaccinated against?		
Who do you report the incident to?		
What type of follow-up post exposure?		
How do we practice sharp safety?		

Scenario 3

A nurse who is working on the medicine floor has onset of a high fever, chills, and body aches

Questions	Actions of ICP	Actions of OHS
What should the nurse do?		
Whom should the nurse notify?		
Is there any contact tracing required on this Unit?		
Is there any post-exposure follow-up required on this Unit?		
How would you determine the influenza immunization update of other HCWs on this Unit?		
Should the nurse have a nasopharyngeal swab done? Who does it?		
What are the work restrictions relating to influenza like illness?		
Is there follow-up with the family physician required?		

Scenario 4

While working a nurse experiences severe abdominal cramping and has three episodes of explosive diarrhea and one episode of vomiting.

Questions	Actions of ICP	Actions of OHS
What should the nurse do?		
Whom should the nurse inform?		
Is there any contact tracing required on this Unit?		
Is there any post-exposure follow-up required on this Unit? Consider the bathroom used by the nurse.		
Is it necessary to collect a stool sample from the nurse, and who does this? What type of samples would you recommend?		
What are the work restrictions required for gastrointestinal illness?		

### Scenario 5

A nurse on a medicine unit has just confirmed scabies on a patient who has been an inpatient for a week.

Questions	Actions of ICP	Actions of OHS
What should the nurse do first?		
What isolation precautions should be initiated? When can the isolation precautions be discontinued?		
Who would be considered as having significant exposure?		
How would you determine contact tracing? Who would you do contact tracing on?		
Who should be informed?		
What work restrictions apply to the nurse?		

### Scenario 6

A nurse splashes secretions into her eye during suctioning of a patient in ICU.

Questions	Actions of ICP	Actions of OHS
What should the nurse do following a significant exposure?		
Who should be informed about the incident?		
What type of PPE should be use during suctioning?		
If appropriate PPE was not used what can you do to ensure that this does not happen again?		

## Documentation and Reporting

### Policy

- Determine if there is a policy which describes the reporting protocol for infectious diseases which require contact tracing such as for the case of HCWs who have occupational exposure to TB.

### Documentation

- Determine if the ICP has a responsibility to document the actions taken if consulted on an occupational exposure.