

# Donning instructions

## Elastomeric half facepiece respirator (EHFR) that does not have an exhalation valve filter

For 3M 6000 series EHFR refer to instruction for fitting with exhalation valve filter (EVF)

### 1. Inspection and assembly

- Perform hand hygiene.
- Grab the make and model of an EHFR for which a valid fit test exists, along with two P100 cartridges.
- Check facepiece for cracks, tears, dirt, and distortion.
- Ensure that head straps are intact and have good elasticity.
- Examine inhalation and exhalation valves for signs of distortion, cracking, and tearing. Ensure the valves are properly in place.

### 2. Apply mask



- Apply **procedure mask** (pediatric medical mask\* if available to provide a more snug fit) to the EHFR, cover the exhalation port and place ear loops around the filters.
- Adjust procedure mask as needed. Ensure the mask, including ear loops, will not interfere with the seal between the respirator and your face.

*\* If a pediatric mask is not available, an adult medical mask may be used to cover the port.*

### 3. Don the respirator



- Place the respirator over mouth and nose then pull the head harness over crown of head.



- Position facepiece low on the bridge of nose for optimal visibility and best fit.



- Take bottom straps in both hands, place them at the back of neck and hook them together.



- Adjust top straps first, then lower the neck straps by pulling on the ends. **Do not** pull too tight.

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## 4. Positive pressure seal check\*

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- a. Ensure the procedure mask and its ear loops do not interfere with the tight seal.
- b. Place palm of hand over the mask, pressing to block the exhalation valve cover and exhale gently. If the facepiece bulges slightly and no air leaks are detected between face and the facepiece, proceed to negative pressure seal check.
- c. If a face seal air leakage is detected, reposition the respirator and/or readjust tension of the elastic straps to end the leakage.
- d. Repeat the steps outlined above until a good face seal is reached.

*\* This is a general seal check procedure. Some EHFRs might have the exhalation valve facing down. Always follow seal check procedures specified by the manufacturer with medical mask on.*

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## 5. Negative pressure seal check

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- a. Gently press on the outside surface of the filter, squeezing filter covers towards the facepiece to restrict airflow into the breathing tube and inhale. If facepiece collapses slightly and pulls closer to face with no air leaks, a proper fit has been obtained.
- b. If a face seal air leakage is detected, reposition the respirator on face and/or readjust tension of straps to end the leakage.
- c. Repeat both positive and negative seal checks until a tight seal is obtained.

**If a proper seal cannot be achieved, do not enter the contaminated area and seek supervisor for next steps.**

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## 6. Doff the respirator

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The respirator is generally the last piece of personal protective equipment to doff. EHFRs should be doffed in a clean space such as an anteroom or hallway.

- a. Perform hand hygiene.
- b. Unhook lower straps from base of neck.
- c. Gently pull head harness and remove it over the head. Avoid touching the surface of procedure mask.
- d. Unloop the procedure mask and dispose.
- e. Perform hand hygiene.
- f. Clean or place the EHFR for reprocessing following health authority protocols.