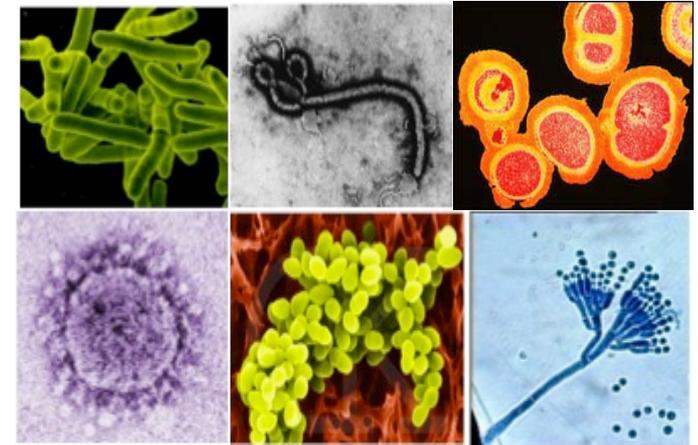


Chlorhexidine Use and Bacterial Resistance

Jean-Yves Maillard

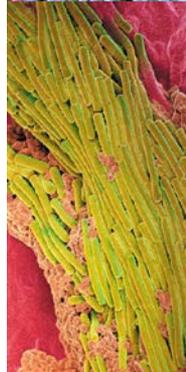
Cardiff School of Pharmacy and
Pharmaceutical Sciences
Cardiff University



Hosted by Dr. Lynne Schulster

OVERVIEW

-  **Background**
-  **Bacterial responses to biocides**
-  **Bacterial resistance to chlorhexidine *in situ***
-  **Bacterial resistance to chlorhexidine *in vitro***
-  **Reality check**
-  **Conclusions**





BACKGROUND





BACKGROUND: context - biocide usage

DISINFECTION

Surface
Liquid
Materials (wipes)

ANTISEPSIS

Antimicrobial gel/liquid
dressings

DOMESTIC PRODUCTS

Washing liquid
Washing up liquid
Chopping board

'ANTIMICROBIAL' SURFACES

Environmental
Medical (Implant)

PRESERVATION

Wood
Plastic
textiles

PRESERVATION

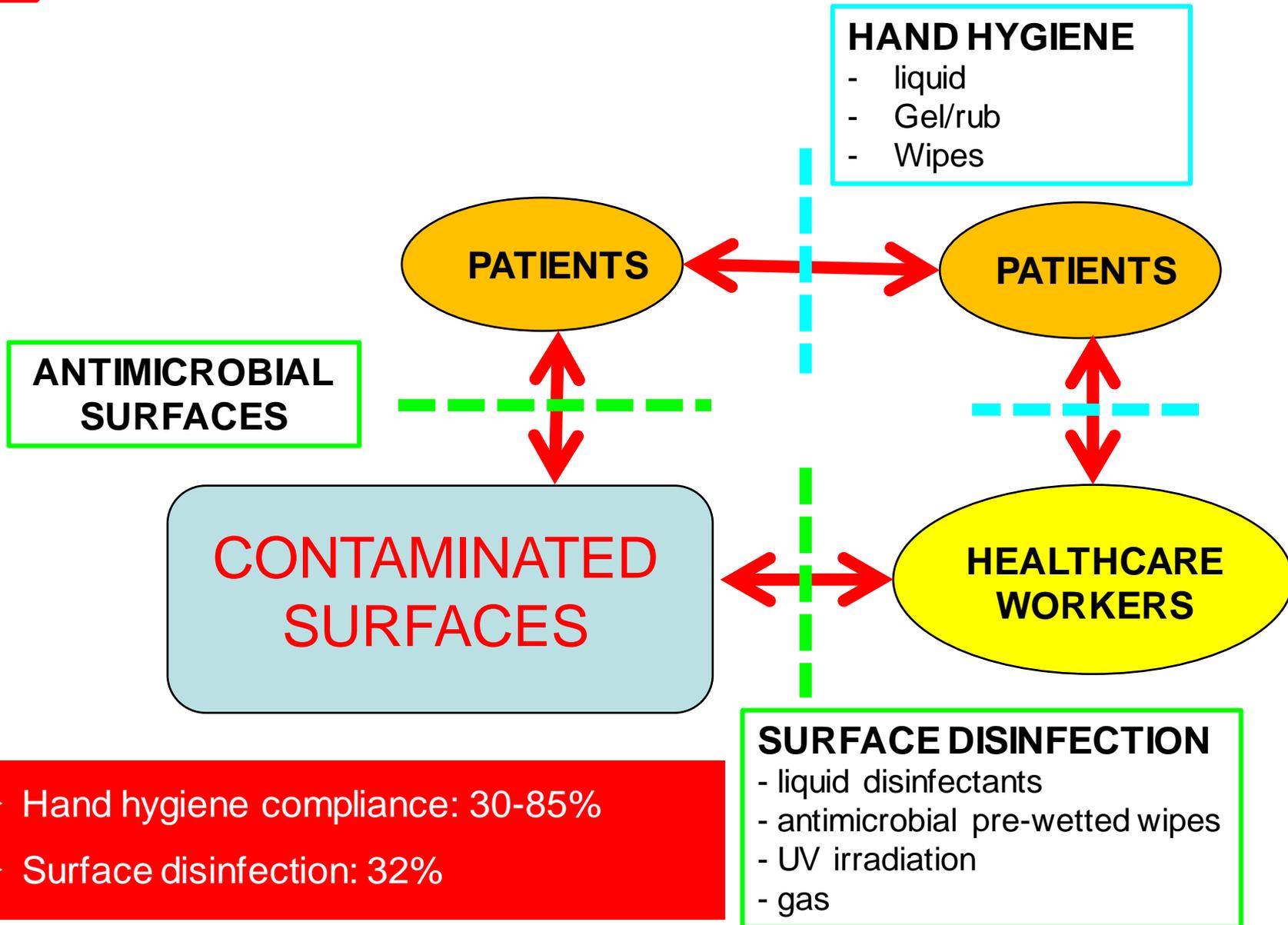
Food
Pharmaceutical

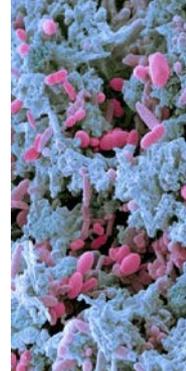
BACKGROUND: persistence



Organism	Persistence
<i>Acinetobacter</i> spp.	3 days to 5 months
<i>Clostridium difficile</i> (spores)	5 months
<i>Enterococcus</i> spp. including vancomycin-resistant enterococci	5 days to 4 months
<i>Escherichia coli</i>	1.5 h to 16 months
<i>Klebsiella</i> spp.	2 h to >30 months
<i>Mycobacterium tuberculosis</i>	1 day to 4 months
<i>Pseudomonas aeruginosa</i>	6 h to 16 months
<i>Salmonella typhimurium</i>	10 days to 4.2 years
<i>Shigella</i> spp.	2 days to 5 months
<i>Staphylococcus aureus</i> , including MRSA	7 days to 7 months
<i>Haemophilus influenzae</i>	12 days

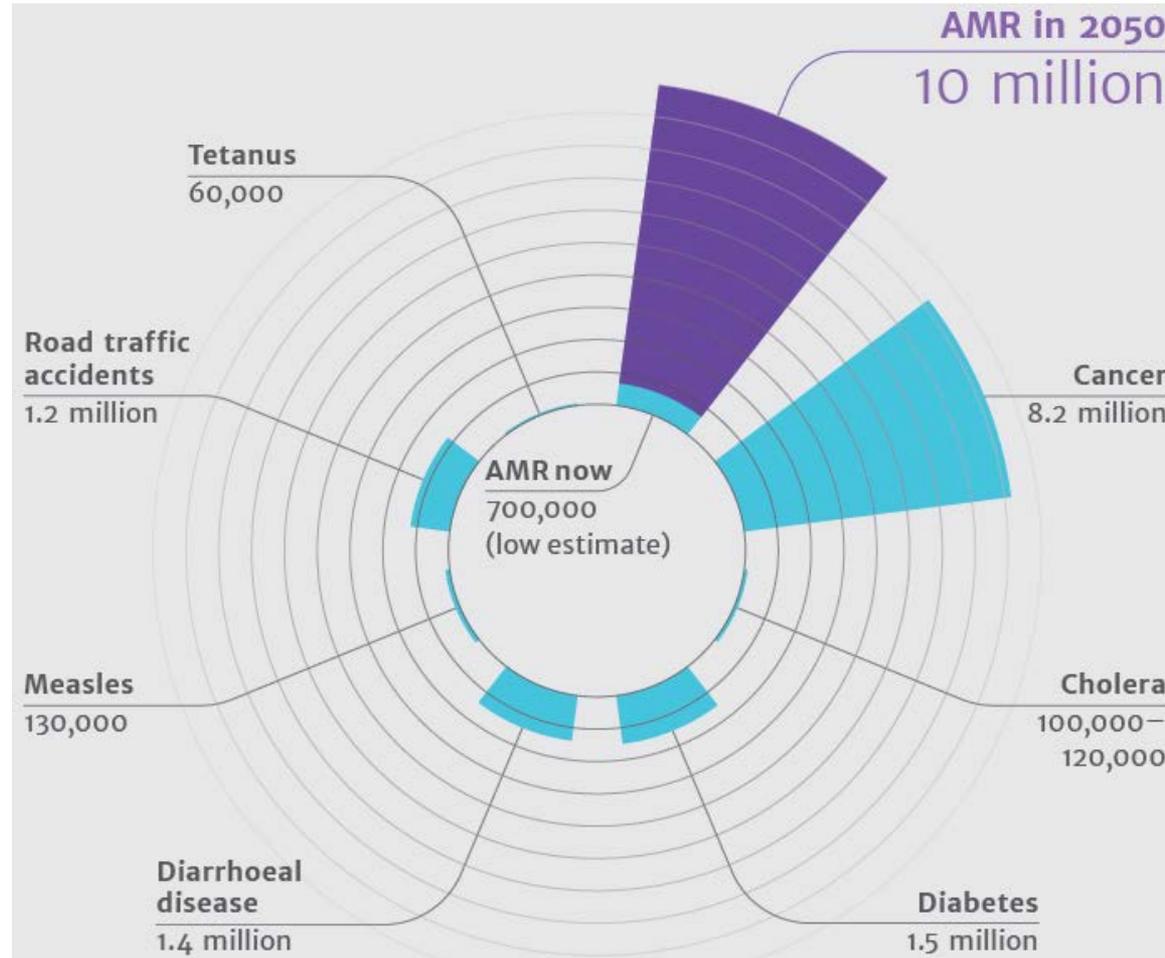
BACKGROUND: interventions





BACKGROUND: end of antibiotic era?

Deaths per annum worldwide

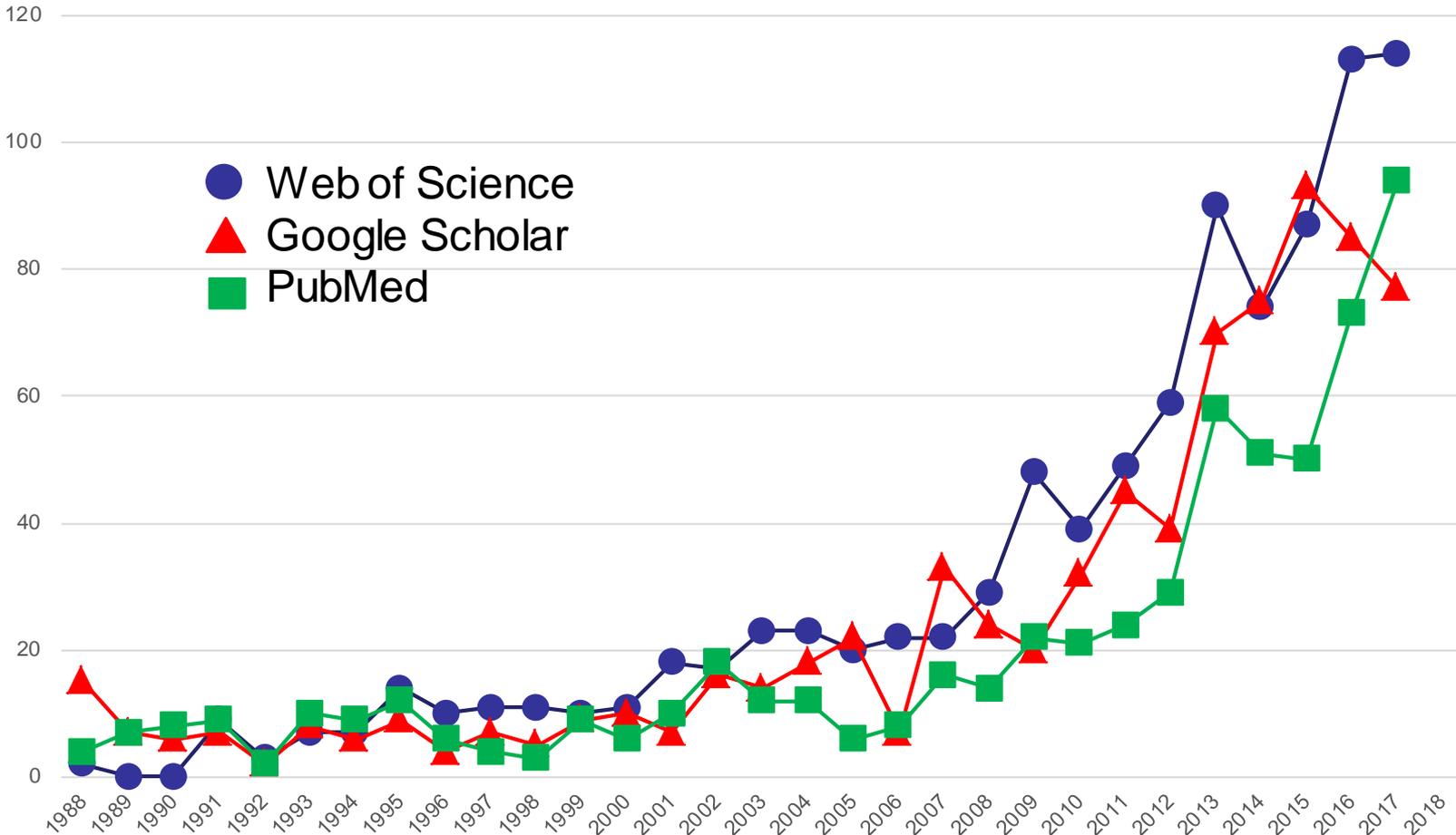


O'Neill. 2016. Tackling drug-resistant infections globally: Final report and recommendations. The Review Antimicrobial resistance. HM Government.

BACKGROUND: CHX RESISTANCE

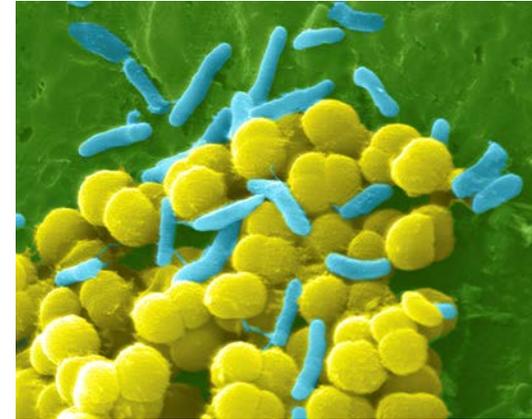
Peer-reviewed articles / reviews since 1998

Title and abstract: chlorhexidine + resistance





BACTERIAL RESPONSES TO BIOCIDES

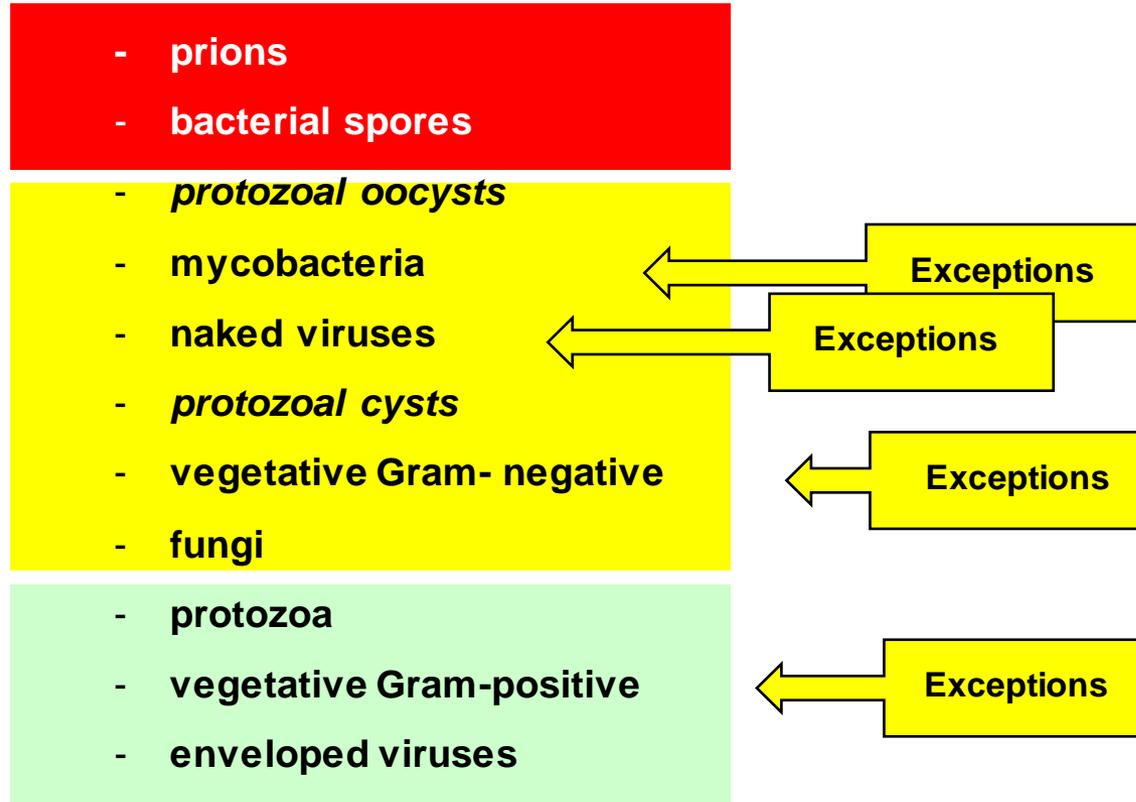
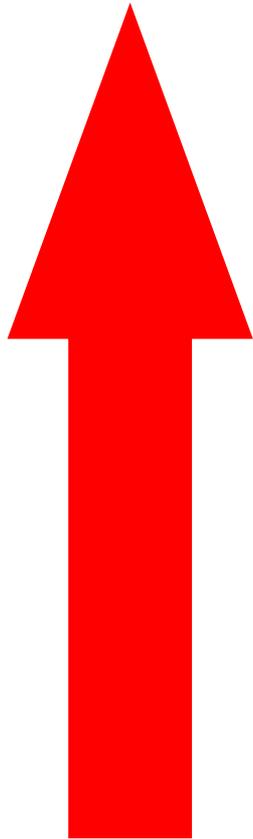




BACTERIAL RESPONSES TO BIOCIDES

Intrinsic resistance

Resistance to Biocides





BACTERIAL RESPONSES TO BIOCIDES

Bacteria – biocide interactions

DEGREE OF DAMAGE AND AUTOCIDAL ACTIVITY

- Disruption of the transmembrane PMF leading to an uncoupling of oxidative phosphorylation and inhibition of active transport across the membrane
- Inhibition of respiration or catabolic/anabolic reactions
- Disruption of metabolic processes
- Disruption of replication
- Loss of membrane integrity resulting in leakage of essential intracellular constituents (K⁺, inorganic phosphate, pentoses, nucleotides and nucleosides, proteins)
- Coagulation of intracellular materials
- **LYSIS**

CONSEQUENCES

Short exposure	Reversible events
Prolonged biocidal exposure	
Imbalance of pHi	Irreversible events
Autocidal (commitment to a cell death pathway)	
Cell death	



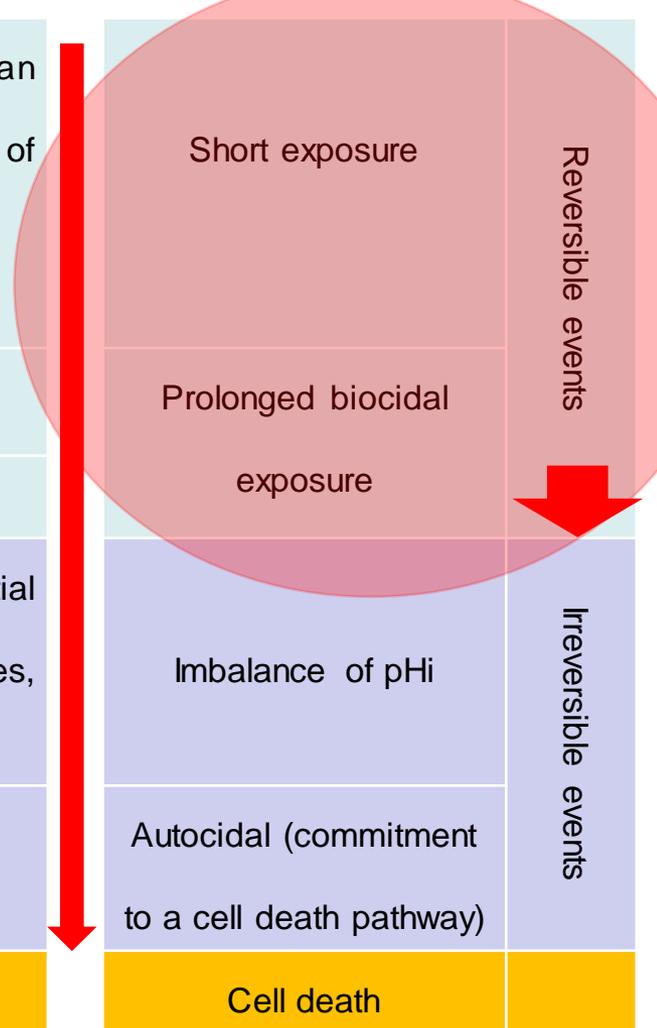
BACTERIAL RESPONSES TO BIOCIDES

Bacteria – biocide interactions

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- **LYSIS**

CONSEQUENCES



BACTERIAL RESPONSES TO BIOCIDES

EXPRESSION OF
SPECIFIC
MECHANISMS

PHYSIOLOGICAL
CHANGES

REPAIR

inactivation

reduction in
uptake and
penetration

Change in
metabolic
pathway

Change in
lag phase/
growth
rate

BIOFILM

Enhance DNA
repair ability

reduction in
accumulation

CO-RESISTANCE

CROSS-RESISTANCE

RESISTANCE

BACTERIAL RESPONSES TO BIOCIDES

EXPRESSION OF SPECIFIC MECHANISMS

PHYSIOLOGICAL CHANGES

REPAIR

inactivation

reduction in uptake and penetration

Change in metabolic pathway

Change in lag phase/ growth rate

BIOFILM

Enhance DNA repair ability

reduction in accumulation

CO-RESISTANCE

CROSS-RESISTANCE

RESISTANCE

Acquisition of genetic determinants

BACTERIAL RESPONSES TO BIOCIDES

Changes in membrane properties

REDUCTION IN PENETRATION

Journal of Applied Microbiology 1999, 87, 323–331

Comparative responses of *Pseudomonas stutzeri* and *Pseudomonas aeruginosa* to antibacterial agents

U. Tattawasart, J.-Y. Maillard, J.R. Furr and A.D. Russell
Welsh School of Pharmacy, Cardiff University, Cardiff, UK
7133/03/99: received 31 March 1999, accepted 21 April 1999

ELSEVIER

INTERNATIONAL JOURNAL OF Antimicrobial Agents

International Journal of Antimicrobial Agents 16 (2000) 233–238

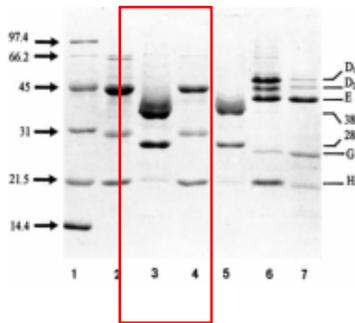
www.ischemo.org

Outer membrane changes in *Pseudomonas stutzeri* resistant to chlorhexidine diacetate and cetylpyridinium chloride

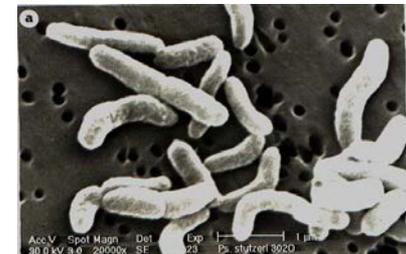
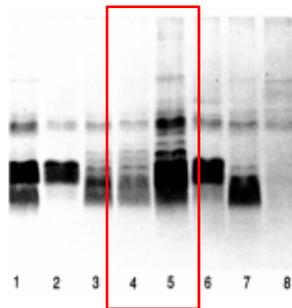
Unchalee Tattawasart, J.-Y. Maillard, J.R. Furr, A.D. Russell *

Change in LPS, reduction of porins

OMP profile



LPS profile



- *Pseudomonas stutzeri* with decreased MIC to chlorhexidine and CPC
- Cross-resistance to polymyxin and gentamicin

BACTERIAL RESPONSES TO BIOCIDES

Reduction in antimicrobial accumulation

Nature Reviews Microbiology 4, 629-636 (August 2006) | doi:10.1038/nrmicro1464

OPINION

Multidrug-resistance efflux pumps ? not just for resistance

Laura J. V. Piddock¹ [About the author](#)

top ↑

Cytoplasm

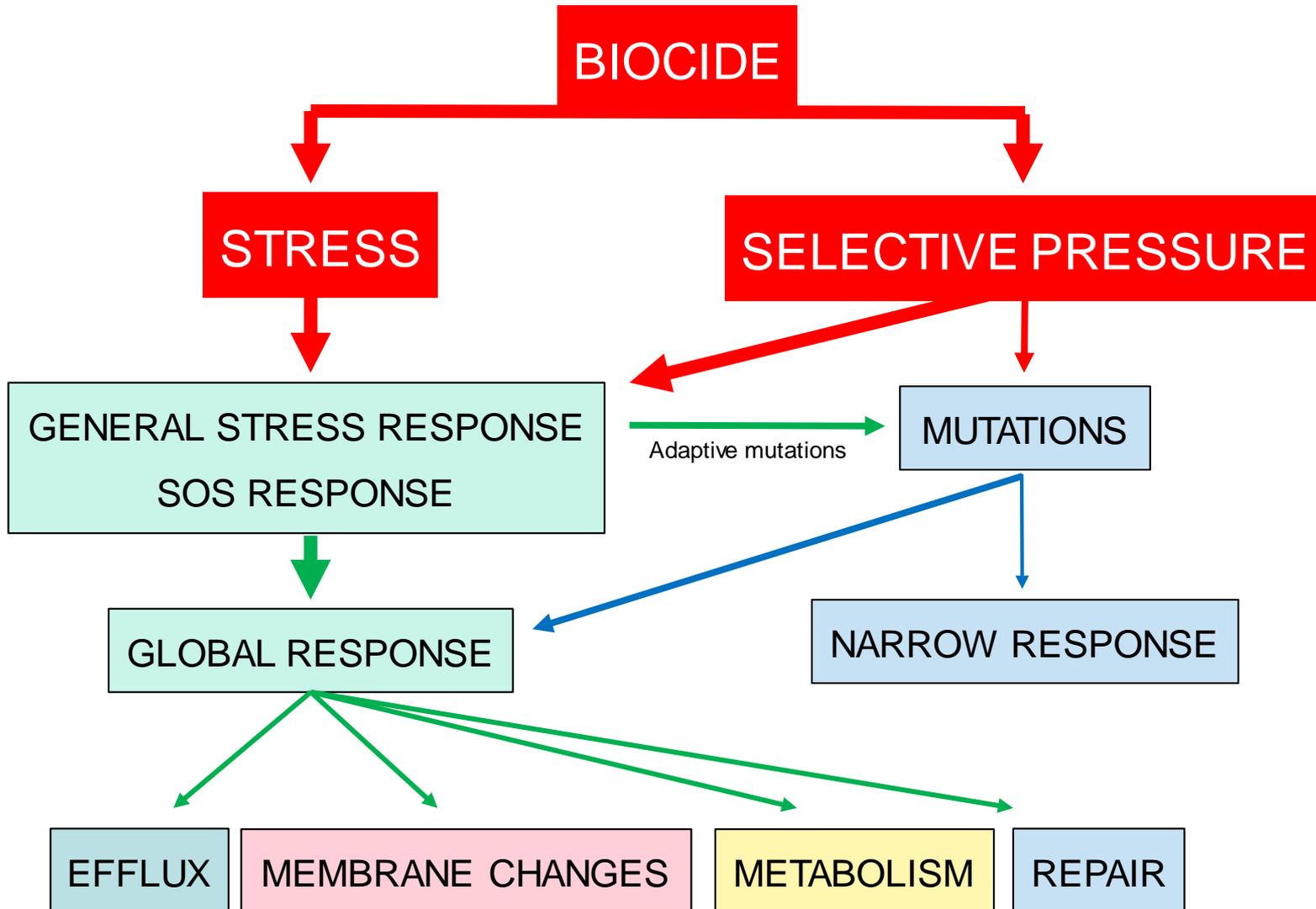
avine
Benzalkonium
Cetrimide





BACTERIAL RESPONSES TO BIOCIDES

Stress response and selective pressure





BACTERIAL RESPONSES TO BIOCIDES

➤ Reports of bacterial resistance from 1958!

ALCOHOLS

BENZALKONIUM
CHLORIDE

CHLORHEXIDINE

PHENOLICS

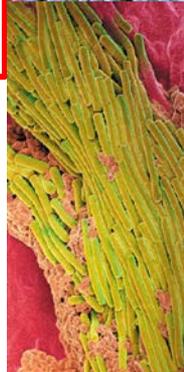
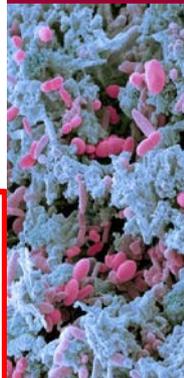
QACs

POVIDONE
IODINE

GLUTARALDEHYDE

OXIDISING AGENTS

BACTERIAL RESPONSES TO BIOCIDES



- Resistance: surviving exposure to a biocide concentration that will kill the rest of the population

Russell. *Lancet Infect Dis* 2003; 3: 794-803

- Resistance in practice: Bacterial survival following biocide challenge at “in use”/ “during use” concentration.

Maillard & Denyer. *Chem Oggi* 2009; 27: 26-8.
Maillard et al. *Micro Drug Resist* 2013; 19:344-54.
Wesgate et al. *AJIC* 2016, 44, 458-464.

- Reduced susceptibility: increase in MBC comparing to the initial population or a reference strain
 - For data based on MIC changes: increase in MIC
- Tolerance: inhibited but not killed
 - survival in a product (preservative system)

- Cross-resistance: Bacterial survival following biocide challenge at “in use”/ “during use” concentration **AND** to unrelated antimicrobials; may include emerging clinical resistance to chemotherapeutic antibiotics

European Commission Opinions

- SCENIHR 2009: Assessment of the Antibiotic Resistance Effects of Biocides.

http://ec.europa.eu/health/ph_risk/committees/04_scenihr/docs/scenihr_o_021.pdf

- SCENIHR 2010: Research strategy to address the knowledge gaps on the antimicrobial resistance effects of biocides.

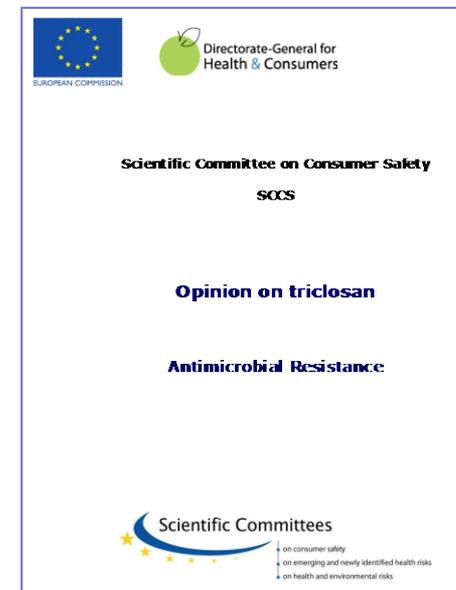
http://ec.europa.eu/health/scientific_committees/emerging/docs/scenihr_o_028.pdf

- SCCS 2011: Opinion on Triclosan Antimicrobial Resistance.

http://ec.europa.eu/health/scientific_committees/consumer_safety/docs/sccs_o_023.pdf

- SCENIHR 2014: Nanosilver: safety, health and environmental effects and role in antimicrobial resistance.

http://ec.europa.eu/health/scientific_committees/emerging/docs/scenihr_o_039.pdf



Biocide Products Regulation ... and resistance (effective since 1/09/2013)

1-b(ii) ...the biocidal product has no unacceptable effects on the target organisms, in particular unacceptable resistance or cross-resistance

3-b ...the chemical diversity of the active substances is adequate to minimise the occurrence of resistance in the target harmful organism.

Effects on target organisms

75. Where the development of resistance or cross-resistance to the active substance in the biocidal product is likely, the evaluating body shall consider actions to minimise the consequences of this resistance. This may involve modification of the conditions under which an authorisation is given. However, where the development of resistance or cross-resistance cannot be reduced sufficiently, the evaluating authority shall conclude that the biocidal product does not satisfy criterion (ii) under point (b) of Article 19(1).



BACTERIAL RESPONSES TO BIOCIDES

Regulators

U.S. Food and Drug Administration (Press release 2nd September 2016)

FDA issues final rule on safety and effectiveness of antibacterial soaps

The agency issued a proposed rule in 2013 after some data suggested that long-term exposure to certain active ingredients used in antibacterial products — for example, triclosan (liquid soaps) and triclocarban (bar soaps) — could pose health risks, such as bacterial resistance...This included data from clinical studies demonstrating that these products were superior to non-antibacterial washes in preventing human illness or reducing infection

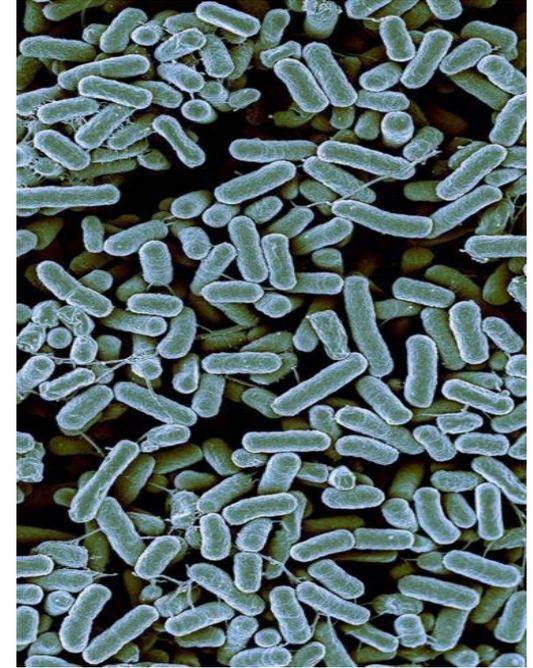
“...some data suggest that long-term exposure to certain active ingredients used in antibacterial products—for example, triclosan (liquid soaps) and triclocarban (bar soaps)—could pose health risks, such as bacterial resistance ...”

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm517478.htm> (accessed 19/09/2018)





BACTERIAL RESISTANCE TO CHLORHEXIDINE *IN SITU*



BACTERIAL RESISTANCE TO CHX *IN SITU*

CHX applications

SKIN PREPARATIONS

- Skin care 2%
- Hand hygiene \pm alcohol
- Patient preoperative scrub and showers (combined with alcohol)
- Vascular access site dressings (chlorhexidine sponge dressing and a chlorhexidine gel pad)
 - Vascular access - such as central venous catheters, skin preparation solutions and insertion site dressings are recommended as interventions that may prevent Central Line-Associated Bloodstream Infections (CLABSIs)
 - Vascular access catheters
 - Peripherally Inserted Central venous catheter

DEVICES

- Central Venous catheter – CHX impregnated catheters (intraluminally and extraluminally)
- Needleless IV connectors (combined chlorhexidine and silver)

SOLUTIONS

- Oral care mouthwash
- Urology – bladder irrigation 0.005%



BACTERIAL RESISTANCE TO CHX *IN SITU*

CHX applications

Products	Concentration	Additional biocides	Uses
Topical medicines (gel or liquid)	7.1%	None	Umbilical cord care to prevent cord infection and/or sepsis and reduce neonatal mortality.
Topical solution (liquid, cloth, sponge applicators, swab sticks)	2% , 3.15%, 4%, or 5%	Isopropyl alcohol	Skin preparation for surgery, invasive procedures, central lines to prevent hospital- acquired infections
Scrub solution (liquid detergent)	2% or 4%	Isopropyl alcohol	<ul style="list-style-type: none"> • Preoperative bathing, general skin cleansing to prevent hospital-acquired infection • Preoperative hand scrub and hand disinfection to prevent the spread of microorganisms
Irrigation solution	0.015% or 0.05%	Cetrimide	Irrigation of wounds to prevent infection
Topical cream	0.1%	Cetostearyl alcohol Cetrimide	Wound cleaning (over-the-counter first-aid cream) to prevent infection
Washcloth	2%	none	Daily bathing in intensive care unit (ICU) patients to prevent hospital-acquired infection
Gauze dressing	0.5%	-	Wound or burn dressing to prevent infection
Catheter dressing	2%	None	Catheter dressings to prevent hospital- (gel pad, foam disk, semi-acquired infection permeable transparent dressing)
Hand rub (gel)	0.5% or 1%	Ethanol	Hand sanitizing to prevent the spread of microorganisms
Dental solution	0.12% or 0.2%	Ethanol	<ul style="list-style-type: none"> • Decontaminate oral cavity to prevent (oral rinse or spray) • Periodontal disease and mucositis treatment
Concentrated stock solution	20%	None	Preparation of dilutions for skin cleansing and general disinfection

BACTERIAL RESISTANCE TO CHX *IN SITU*

CHX applications

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BACTERIAL RESISTANCE TO CHX *IN SITU*

CHX contaminated products and infections

Contaminant(s)	Site(s) of microbes	Mechanism of contamination/source
<i>Pseudomonas</i> spp.	Not stated	Refilling contaminated bottles; washing used bottles using cold tap water; contaminated washing apparatus; low concentration (0.05%)
<i>Pseudomonas</i> sp., <i>Serratia marcescens</i> , <i>Flavobacterium</i> sp.	Not stated	Not determined, but authors speculate due to over-dilution or refilling of contaminated bottles
<i>Pseudomonas aeruginosa</i>	Wounds	Tap water used to dilute stock solutions; low concentration (0.05%)
<i>Bulholderia cepacia</i>	Blood, wounds, urine, mouth, vagina	Metal pipe and rubber tubing in pharmacy through which deionized water passed during dilution of chlorhexidine; low concentration
<i>Ralstonia pickettii</i>	Blood	Contaminated bidistilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Ralstonia pickettii</i>	Blood (pseudo-bacteremia)	Distilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Serratia marcescens</i>	Bood, urine, wounds, sputum, others	Not determined, but use of nonsterile water for dilution to 2% and distribution in reusable nonsterile containers
<i>Ralstonia pickettii</i>	Blood (pseudobacteremia)	Distilled water used to dilute chlorhexidine; low concentration (0.05%)
<i>Bulholderia cepacia</i>	Blood	Intrinsic contamination, Contaminated 0.5% chlorhexidine
<i>Serratia marcescens</i>	Blood	Intrinsic contamination, 2% aqueous chlorhexidine antiseptic

BACTERIAL RESISTANCE TO CHX *IN SITU*

CHX contaminated products and infections



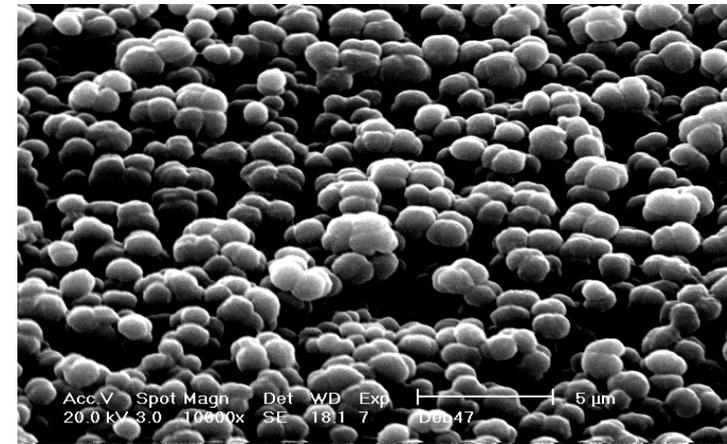
Antimicrob Agents Chemother. 2007 Dec; 51(12): 4217-4224. PMID: PMC2167968
Published online 2007 Oct 1. doi: [10.1128/AAC.00138-07](https://doi.org/10.1128/AAC.00138-07)

Outbreaks Associated with Contaminated Antiseptics and Disinfectants

David J. Weber,^{1,2,*} William A. Rutala,^{1,2} and Emily E. Sickbert-Bennett¹

Antiseptic	Contaminants	Mechanisms of contamination/source
Alcohols	<i>B. cereus</i> , <i>B. cepacia</i>	Intrinsic contamination, contaminated tap water
Chlorhexidine	<i>Pseudomonas</i> spp., <i>B. cepacia</i> , <i>Flavobacterium</i> spp., <i>Ralsonia pickettii</i> , <i>Achromobacter xylosoxidans</i> , <i>S. marcescens</i>	Refilling contaminated bottle, contaminated washing apparatus (0,05%), Topping up stock solution (1:1000-1:5000), metal pipe (low concentration), contaminated water (0.05%), atomizer (0.06%)
Chlorhexidine + cetrimide	<i>Ps. multivorans</i> , <i>St. maltophilia</i>	Tap water (0.05% CHX & 0.5% cetrimide), contaminated deionized water

➔ BACTERIAL RESISTANCE
TO CHLORHEXIDINE *IN*
VITRO



BACTERIAL RESISTANCE TO CHX *IN VITRO*

Artificial decrease in CHX susceptibility

Journal of Hospital Infection (2000) 46: 297-303
doi:10.1053/jhin.2000.0851, available online at http://www.idealibrary.com on IDEAL®



Development of resistance to chlorhexidine diacetate in *Pseudomonas aeruginosa* and the effect of a 'residual' concentration

Louise Thomas, J.-Y. Maillard, R. J.W. Lambert* and A. D. Russell

Pharmaceutical Microbiology Research, Welsh School of Pharmacy, Cardiff University, Cardiff CF10 3XF and
*Unilever Research Colworth, Sharnbrook, Bedfordshire, UK

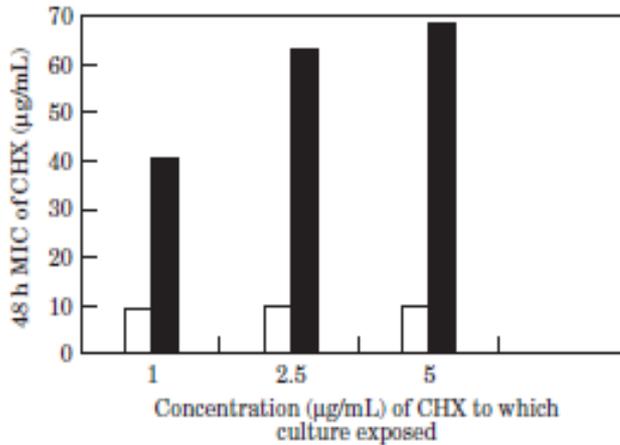


Figure 2 MICs in broth at 37°C of *P. aeruginosa* following single exposure to 'residual' concentrations of CHX of 1, 2.5 and 5 µg/mL. □, before exposure to CHX; ■, after exposure to CHX.

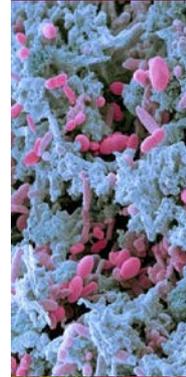
MICs of *Ps aeruginosa* cultures following repeated exposure to CHX (5 µg/mL)

Culture number	Original MIC (µg/mL) before multiple exposure to CHX (5 µg/mL)	MIC (µg/mL CHX) after 5 subcultures in CHX (µg/mL)
1 ^a	8-10	>70 ^c
2	28 ^b	>70 ^c
3	>40 ^b	>70 ^c
4	>50 ^b	>70 ^c
5	70 ^b	>70 ^c

^a: standard parent strain

^b: cultures from step-wise training method

^c: these cultures were found stable after 15 subcultures in CHX-free broth



BACTERIAL RESISTANCE TO CHX *IN VITRO*

Decreased susceptibility following short CHX exposure

Salmonella enterica 1344 susceptibility following a 5 min exposure to CHG or BZC

Mean MBC (%)

Biocide	Baseline	Mean MBC (%)					
		0.0004 % CHG	0.0001 % CHG	0.00005 % CHG	0.0004 % BZC	0.0001 % BZC	0.00005 % BZC
CHG	0.01	0.20 ± 0.00	0.20 ± 0.09	0.04 ± 0.00	0.30 ± 0.00	0.20 ± 0.00	0.20 ± 0.10
BZC	0.003	0.20 ± 0.00	0.05 ± 0.02	0.20 ± 0.20	0.80 ± 0.00	0.20 ± 0.00	0.30 ± 0.20

GREEN = increased MBC by 10-50 folds
RED = >50 folds

BACTERIAL RESISTANCE TO CHX *IN VITRO*

Decreased susceptibility following short CHX exposure

Salmonella enterica 1344 susceptibility following a 5 min exposure to CHG or BZC

Mean MBC (%)

Biocide	Baseline	Mean MBC (%)					
		0.0004 % CHG	0.0001 % CHG	0.00005 % CHG	0.0004 % BZC	0.0001 % BZC	0.00005 % BZC
CHG	0.01	0.20 ± 0.00	0.20 ± 0.09	0.04 ± 0.00	0.30 ± 0.00	0.20 ± 0.00	0.20 ± 0.10
BZC	0.003	0.20 ± 0.00	0.05 ± 0.02	0.20 ± 0.20	0.80 ± 0.00	0.20 ± 0.00	0.30 ± 0.20

GREEN = increased MBC by 10-50 folds

RED = >50 folds

Reproducibility

CHG exposure: 0.0004 % for *S. enterica* 1344 and 0.0001 % for *S. enterica* 14028S

	Baseline MIC	CHG MIC 1	CHG MIC 2	CHG MIC 3	CHG MIC 4	Baseline MBC	CHG MBC 1	CHG MBC 2	CHG MBC 3	CHG MBC 4
1344	0.003	0.08	0.06	0.06	0.067	0.01	0.20	0.10	0.10	0.15
14028S	0.003	0.01	0.02	0.03	0.01	0.006	0.10	0.09	0.09	0.2

BACTERIAL RESISTANCE TO CHX *IN VITRO*

Decreased susceptibility following short CHX exposure

Journal of Applied Microbiology



Journal of Applied Microbiology ISSN 1364-5072

ORIGINAL ARTICLE 2013

The effect of cationic microbicide exposure against *Burkholderia cepacia* complex (Bcc); the use of *Burkholderia lata* strain 383 as a model bacterium

L. Knapp¹, L. Rushton², H. Stapleton³, A. Sass⁴, S. Stewart⁵, A. Amezquita⁵, P. McClure⁵, E. Mahenthiralingam² and J.-Y. Maillard¹

Burkholderia lata 383

Number of passages

		5 min CHG exp	without CHG			With CHG 0.004%		
			1	5	10	1	5	10
Baseline susceptibility								
CHG MBC (%)	0.01	0.5	0.008	0.009	0.006	0.15	0.1	0.01
BZC MBC (%)	0.003	0.15	0.004	0.006	0.006	0.019	0.05	0.006



BACTERIAL RESISTANCE TO CHX *IN VITRO*

Decreased susceptibility following short CHX exposure

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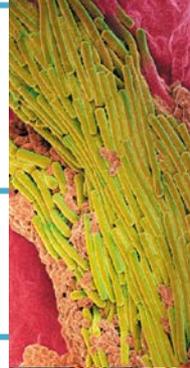
Burkholderia lata 383

		5 min CHG exp	Number of passages						
			without CHG			With CHG 0.004%			
			1	5	10	1	5	10	
Baseline susceptibility									
CHG MBC (%)	0.01	0.5	0.008	0.009	0.006	0.15	0.1	0.01	
BZC MBC (%)	0.003	0.15	0.004	0.006	0.006	0.019	0.05	0.006	

Salmonella enterica 14028S

		5 min CHG exp	Number of passages					
			without CHG			With CHG 0.004%		
			1	5	10	1	5	10
Baseline susceptibility								
CHG MBC (%)	0.006	0.5	0.001	0.006	0.009	0.08	0.08	0.006
BZC MBC (%)	0.008	0.3	0.006	0.007	0.006	0.019	0.02	0.008





BACTERIAL RESISTANCE TO CHX *IN VITRO*

Cross-resistance between CHX and antibiotics

Bactérie	Antibiotiques	Référence
<i>Staphylococcus aureus</i>	Quinolones Beta-lactames Macrolides	Oggioni et al 2015
<i>Acinetobacter baumannii</i>	Carbapénème Aminoglycoside Tétracycline Ciprofloxacin	Fernandez-Cuenca et al, 2015
<i>Pseudomonas spp.</i>	Ciprofloxacin Norfloxacin Tobramycine Gentamicine	Gajadhar et al, 2003
<i>Pseudomonas aeruginosa</i>	Antibiotiques multiples	Sekiguchi et al, 2005
<i>Escherichia coli</i>	Antibiotiques multiples	Nakahara & Kosukoe 1981
<i>Staphylococcus aureus</i>	Antibiotiques multiples	Conceicao et al, 2015
<i>Staphylococcus epidermidis</i>	Oxacilline Gentamicine	Cook et al, 2007
<i>Staphylococcus warneri</i>	Rifampicine	Cook et al, 2007

BACTERIAL RESISTANCE TO CHX *IN VITRO*

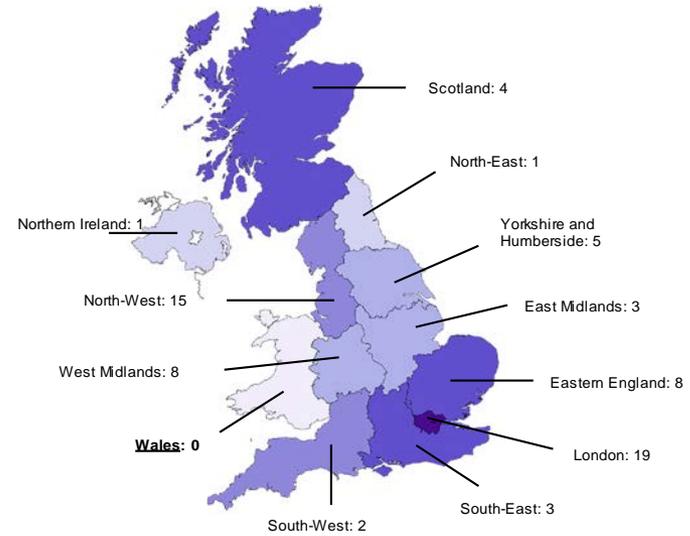
CHX and carbapenem resistance

- 160 *K. pneumoniae*
- 50 *E. coli*
- 69 hospitals
- July 2010 to August 2015
- Rectal swabs, urine samples, faeces, blood cultures

Spearman's r scores

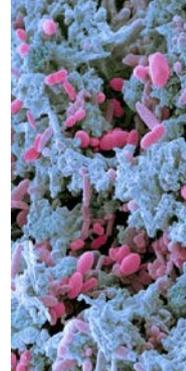


		CHX		BZC		CS		SN	
		MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC
CHX	MIC								
	MBC								
BZC	MIC								
	MBC								
CS	MIC								
	MBC								
SN	MIC								
	MBC								



		Carbapenems*	Cephalosporins	Amikacin	Aztreonam	Ciprofloxacin	Tigecycline	Minocycline	Colistin
CHX	MIC								
	MBC								
BZC	MIC								
	MBC								
CS	MIC								
	MBC								
SN	MIC								
	MBC								





BACTERIAL RESISTANCE TO CHX *IN VITRO*

Cross-resistance between CHX and antibiotics

Bacteria Source of isolates	Biocide exposure	Resistance to unrelated biocides	Resistance to antibiotics	Mechanisms
<i>Burkholderia lata</i>	CHG (0.005%) BZC (0.005%)	No significant change in MIC or MBC to CHG or BZC	Decrease in susceptibility to CAZ, CIP, IMP	Upregulation of outer membrane protein and ABC transporter
<i>S. aureus</i>	TRI (0.0004%)	Increase in MIC and MBC to TRI	Resistance to CIP, AMP	ND
<i>E. coli</i>	CHG (0.0004%)	No change in MIC or MBC to CHG	Resistance to TOB, TIC, AMP	ND
<i>S. aureus</i>	H ₂ O ₂ (0.001%)	No change in MIC or MBC to H ₂ O ₂	Resistance to CIP, AMP	ND
Clinical isolates of <i>S. aureus</i>	<i>In situ</i>	High MIC to CHG	Resistance CEF, RIF, TSX, CHL	Efflux: <i>qacAB</i>
<i>Acinetobacter baumannii</i>	CHG (4%)	Increased MIC to CHG	Resistance to CIP, IMP, MEM, GEN, TOB, NEL, TET, DOX	Efflux: increased expression in <i>adeb</i> , <i>abeS</i> , <i>amvA</i> Porins: decreased expression in <i>ompA</i>
<i>Acinetobacter baumannii</i>	BZC (0.1%)	Increased MIC to BZC	Resistance to CIP, GEN, NEL, TET, DOX,	Efflux: increased expression in <i>adeb</i> , <i>abeS</i> Porins: decreased expression in <i>ompA</i> , <i>carO</i>

BACTERIAL RESISTANCE TO CHX *IN VITRO*

Genetic basis for resistance – multiple mechanisms

frontiers in
MICROBIOLOGY

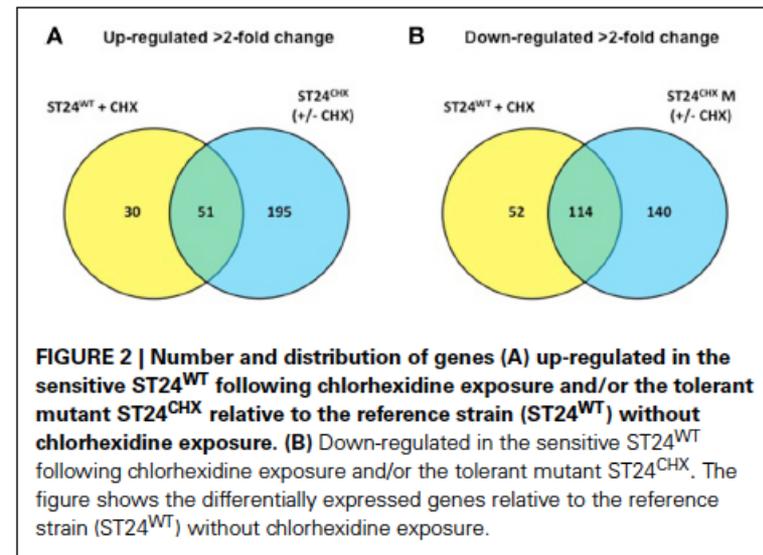
ORIGINAL RESEARCH ARTICLE
published: 01 August 2014
doi: 10.3389/fmicb.2014.00373



Comparative analysis of *Salmonella* susceptibility and tolerance to the biocide chlorhexidine identifies a complex cellular defense network

Orla Condell^{1,2*}, Karen A. Power¹, Kristian Händler³, Sarah Finn¹, Aine Sheridan⁴, Kjell Sergeant⁵, Jenny Renaut⁵, Catherine M. Burgess⁴, Jay C. D. Hinton^{3,6}, Jarlath E. Nally⁷ and Seamus Fanning^{1,8*}

- Genotypic, transcriptomic proteomic and phenotypic of *Salmonella enterica* serovar Typhimurium tolerant to chlorhexidine.
- Alteration of antibiotic susceptibility with clinical significance following exposure to **CHX 1 µg/mL for 30 min** (mid log phase culture)
- Implication of a defence network including multiple cellular targets associated with membrane synthesis, SOS response, virulence and metabolism



ST24^{WT} CHX MIC: 1.96 µg/mL
ST24^{CHX} CHX MIC: >50 µg/mL





BACTERIAL RESISTANCE TO CHX *IN VITRO*

Carriage of efflux pump genes in healthcare setting isolates

Efflux gene (% carriage in isolate)	Bacteria (number of isolates)	Resistant to
<i>qacA/B</i> (83.0%) <i>smr</i> (77.4%) <i>norA</i> (49.0%) <i>norB</i> (28.8%)	High-level mupirocin-resistant -meticillin-resistant <i>S. aureus</i> (MRSA) (53)	Chlorhexidine
<i>qacA/B</i> (80%)	<i>Staphylococcus epidermidis</i> (25)	Chlorhexidine
<i>sepA</i> (95.3%) <i>mepA</i> (89.4%) <i>norA</i> (86.4%) <i>lmrS</i> (60.8%) <i>qacAB</i> (40.5%) <i>smr</i> (3.7%).	MRSA (82), methicillin –sensitive <i>S. aureus</i> (MSSA) (219)	Chlorhexidine
<i>qacA/B</i> (83%) <i>smr</i> (1.6%)	MRSA (60)	Benzalkonium chloride Benzethonium chloride Chlorhexidine
<i>qacA</i> (26% for HMRSA, 67% for VISA) <i>qacC</i> (5% for HMRSA, 4% MSSA, 17% VISA)	Hospital-acquired (HA)-MRSA (38), 25 Community-acquired (CA)- MRSA (25) Vancomycin insensitive <i>S. aureus</i> (VISA) (6) ; MSSA (25)	QAC Chlorhexidine

BACTERIAL RESISTANCE TO CHX *IN VITRO*

Carriage of efflux pump genes in healthcare setting isolates

Diagnostic Microbiology and Infectious Disease 82 (2015) 278–283

Contents lists available at ScienceDirect

Diagnostic Microbiology and Infectious Disease

journal homepage: www.elsevier.com/locate/diagmicrobio



Frequency of biocide-resistant genes and susceptibility to chlorhexidine in high-level mupirocin-resistant, methicillin-resistant *Staphylococcus aureus* (MuH MRSA)



Qingzhong Liu ^{a,*}, Huanqiang Zhao ^a, Lizhong Han ^b, Wen Shu ^a, Qiong Wu ^c, Yuxing Ni ^b

^a Department of Clinical Laboratory, Shanghai First People's Hospital, Shanghai Jiaotong University, Shanghai, China

^b Department of Clinical Microbiology, Ruijin Hospital, School of Medicine, Shanghai Jiaotong University, Shanghai, China

^c Department of Clinical Laboratory, Shanghai Sixth People's Hospital, Shanghai Jiaotong University, Shanghai, China

53 high-level mupirocin resistant MRSA

➤ 83% CHX MIC > 4 µg/mL

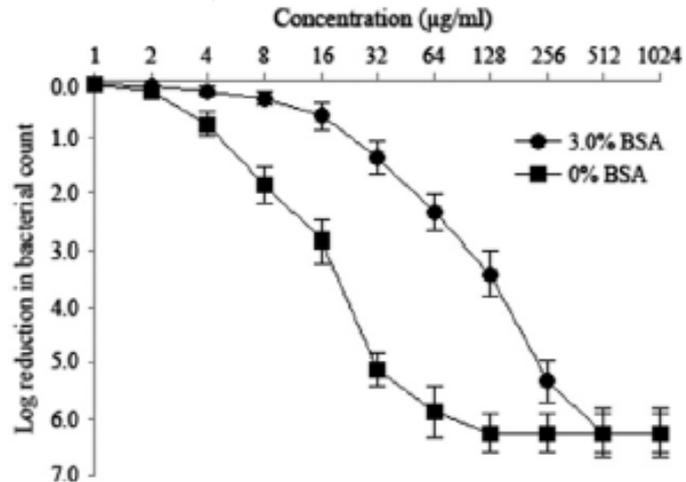


Fig. 1. The average of MBC values of chlorhexidine detected on the 53 MuH MRSA isolates. Results are presented as log₁₀ reduction in cell counts compared with those of the control sample treated with sterile saline. The viable cell count before the exposure to chlorhexidine was $2.84 \pm 0.441 \times 10^7$ CFU/mL. Black quadrangles represent “dean” condition (0% BSA); black circles, “dirty” condition (3.0% BSA). Error bars represent SDs of results from 3 experiments. The MBC was defined as the lowest concentration that produced a 5 log₁₀ reduction following incubation at 35 °C for 48 h after being exposed to chlorhexidine for 5 min at 20 ± 2 °C.



BACTERIAL RESISTANCE TO CHX *IN VITRO*

Carriage of efflux pump genes in healthcare setting isolates

53 high-level mupirocin resistant MRSA

Gene	% carriage
Plasmid-mediated	
<i>qacA/B</i>	83
<i>smr</i>	77
<i>qacH</i>	13
Chromosome-mediated	
<i>norA</i>	96
<i>norB</i>	98
<i>norC</i>	93
<i>sepA</i>	96
<i>sdrM</i>	91
<i>mepA</i>	91
<i>mdeA</i>	94

Mutiple gene carriage	%
<i>qacA/B + smr</i>	53
<i>qacA/B + smr + qacH</i>	11
<i>norA + norB + norC + sepA + sdrM + mepA + mdeA</i>	76

Overexpression	%
At least 1 Chromosome-mediated efflux gene	60
<i>norA</i>	49
<i>NorB</i>	29
<i>norC</i>	10
<i>mepA</i>	6
<i>mdeA</i>	8
<i>sepA</i>	4
<i>sdrM</i>	4



BACTERIAL RESISTANCE TO CHX *IN VITRO*

Carriage of efflux pump genes in healthcare setting isolates

ACS Infectious Diseases

2015

Review

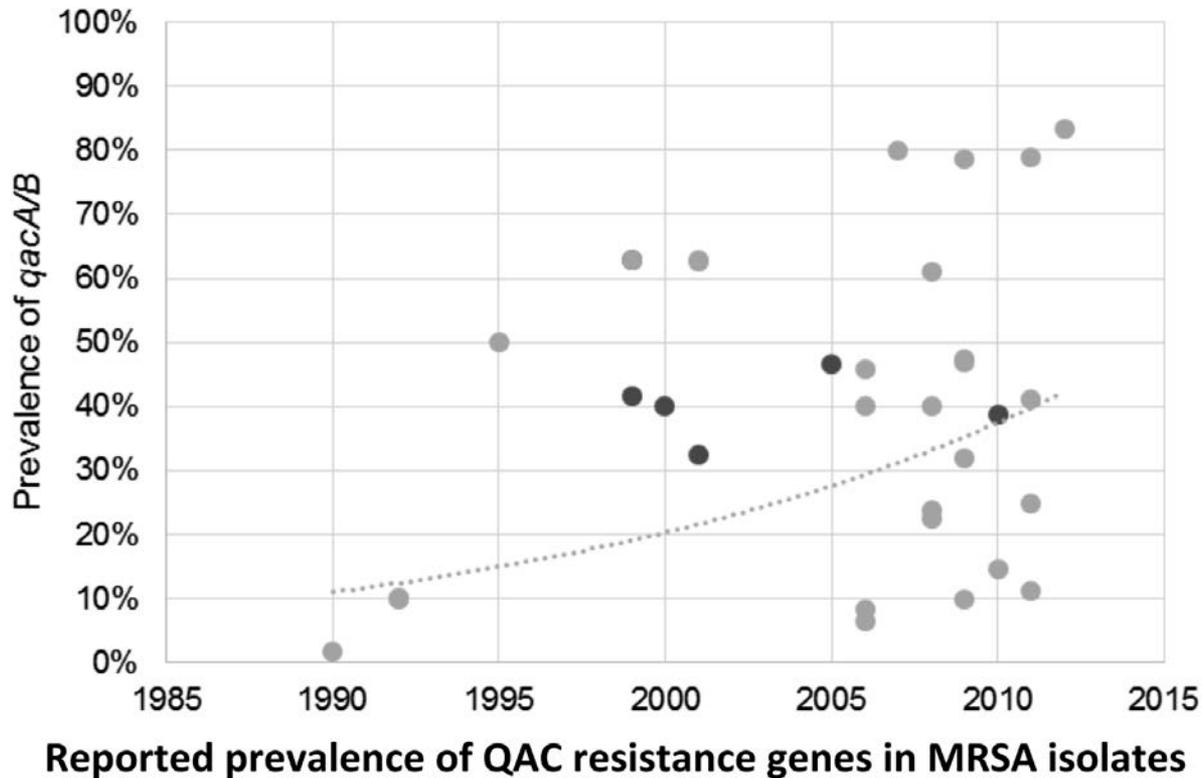
pubs.acs.org/journal/aidcbc

Quaternary Ammonium Compounds: An Antimicrobial Mainstay and Platform for Innovation to Address Bacterial Resistance

Megan C. Jennings,[†] Kevin P. C. Minbiole,[‡] and William M. Wuest^{*,†}

[†]Department of Chemistry, Temple University, Philadelphia, Pennsylvania 19122, United States

[‡]Department of Chemistry, Villanova University, Villanova, Pennsylvania 19085, United States





REALITY CHECK





REALITY CHECK

CHX concentrations and applications

Microorganisms	MIC mg/L
<i>Bacillus</i> spp	1 - 3
<i>Clostridium</i> spp	1.8 - 70
<i>Corynebacterium</i> spp	5 - 10
<i>Staphylococcus</i> spp	0.5 - 6
<i>Streptococcus faecalis</i>	2000 - 5000
<i>Streptococcus</i> spp	0.1-7

Microorganisms	MIC mg/L
<i>Aspergillus</i> spp	75 - 500
<i>Candida albicans</i>	7 - 15
<i>Microsporium</i> spp	12 - 18
<i>Penicillium</i> spp	150 - 200
<i>Saccharomyces</i> spp	50 - 125
<i>Trichophyton</i> spp	2.5 - 14

Microorganisms	MIC mg/L
<i>Escherichia coli</i>	2.5 - 7.5
<i>Klebsiella</i> spp	1.5 - 12.5
<i>Proteus</i> spp	3 - 100
<i>Pseudomonas</i> spp	3 - 60
<i>Serratia marcescens</i>	3 - 75
<i>Salmonella</i> spp	1.6 - 5



REALITY CHECK

CHX concentrations and applications

Microorganisms	MIC mg/L
<i>Bacillus</i> spp	1 - 3
<i>Clostridium</i> spp	1.8 - 70
<i>Corynebacterium</i> spp	5 - 10
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Microorganisms	MIC mg/L
<i>Aspergillus</i> spp	75 - 500
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Microorganisms	MIC mg/L
<i>Escherichia coli</i>	2.5 - 7.5
<i>Klebsiella</i> spp	1.5 - 12.5
<i>Proteus</i> spp	3 - 100
<i>Pseudomonas</i> spp	3 - 60
<i>Serratia marcescens</i>	3 - 75
<i>Salmonella</i> spp	1.6 - 5

Applications	Concentration (mg/L)
Eye drop	20 - 60
Skin disinfection	5,000
Surgical scrub	20,000 - 40,000
Irrigation	150 -500
Topical cream	1,000
Wash cloth	2,000

REALITY CHECK

Factors affecting CHX efficacy

Factors inherent to the product

- concentration
- formulation
- water activity
- pH



CONCENTRATION EXPONENT = 2

PRECIPITATION

Factors inherent to the product

- concentration
- **formulation**
- water activity
- pH



INCOMPATIBILITIES

- Anionic and non-ionic surfactants
- Viscous materials such as acacia, sodium alginate, sodium carboxymethylcellulose, starch, and tragacanth
- Brilliant green, chloramphenicol, copper sulfate, fluorescein sodium, formaldehyde, silver nitrate, and zinc sulfate.
- Cork (container)

PRECIPITATION

In the presence of inorganic acids, certain organic acids, and salts, **hard water**

Solubility increases with cetrimide

REALITY CHECK

Factors affecting CHX efficacy

Factors inherent to the product

- concentration
- formulation
- water activity
- pH

Factors inherent to the application

- surface
- **organic load (soiling)** ←
- temperature
- contact time
- humidity



REALITY CHECK

Factors affecting CHX efficacy

Factors inherent to the product

- concentration
- formulation
- water activity
- pH

Factors inherent to the application

- surface
- organic load (soiling)
- temperature
- contact time
- humidity

Factors inherent to the use of the product

- **Actual exposition time**
- Residual concentration
- Frequency of applications
- Dilution during application
- Formulation delivery



REALITY CHECK

Factors affecting CHX efficacy

Factors inherent to the product

- concentration
- formulation
- water activity
- pH

Factors inherent to the application

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Factors inherent to the use of the product

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- Formulation delivery



REALITY CHECK

Predicting resistance and cross-resistance

American Journal of Infection Control 44 (2016) 458-64

Contents lists available at [ScienceDirect](#)



ELSEVIER

American Journal of Infection Control

journal homepage: www.ajicjournal.org



Major article

Use of a predictive protocol to measure the antimicrobial resistance risks associated with biocidal product usage



Rebecca Wesgate BSc ^a, Pierre Grasha PhD ^b, Jean-Yves Maillard BSc, PhD ^{a,*}

^a Cardiff School of Pharmacy and Pharmaceutical Sciences, Cardiff University, Cardiff, UK

^b Deb Group, Denby, UK

MICROBIAL DRUG RESISTANCE
Volume 00, Number 0, 2013
© Mary Ann Liebert, Inc.
DOI: 10.1089/mdr.2013.0039

MECHANISMS

Does Microbicide Use in Consumer Products Promote Antimicrobial Resistance? A Critical Review and Recommendations for a Cohesive Approach to Risk Assessment

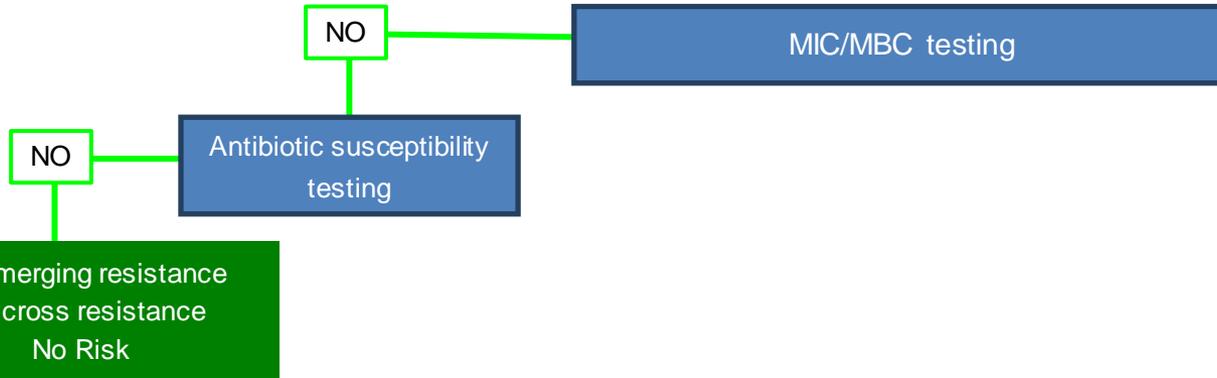
Jean-Yves Maillard,¹ Sally Bloomfield,² Joana Rosado Coelho,³ Phillip Collier,⁴ Barry Cookson,⁵ Séamus Fanning,⁶ Andrew Hill,⁷ Philippe Hartemann,⁸ Andrew J. Mcbain,⁹ Marco Oggioni,¹⁰ Syed Sattar,¹¹ Herbert P. Schweizer,¹² and John Threlfall¹³



REALITY CHECK

Predicting resistance and cross-resistance

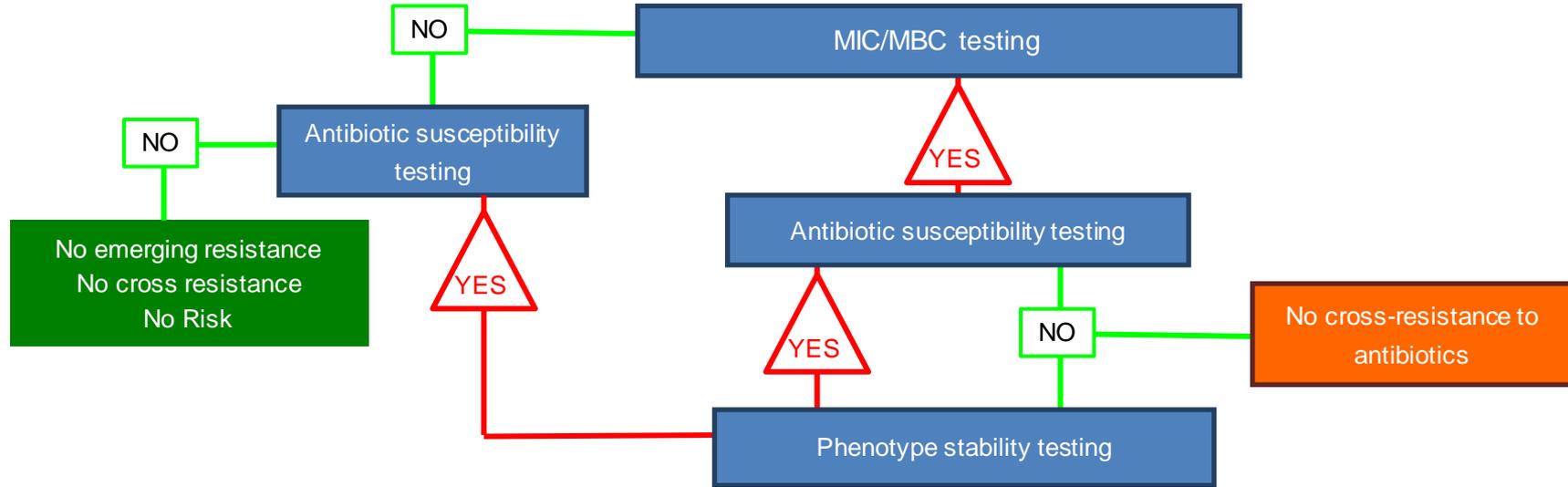
Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.



REALITY CHECK

Predicting resistance and cross-resistance

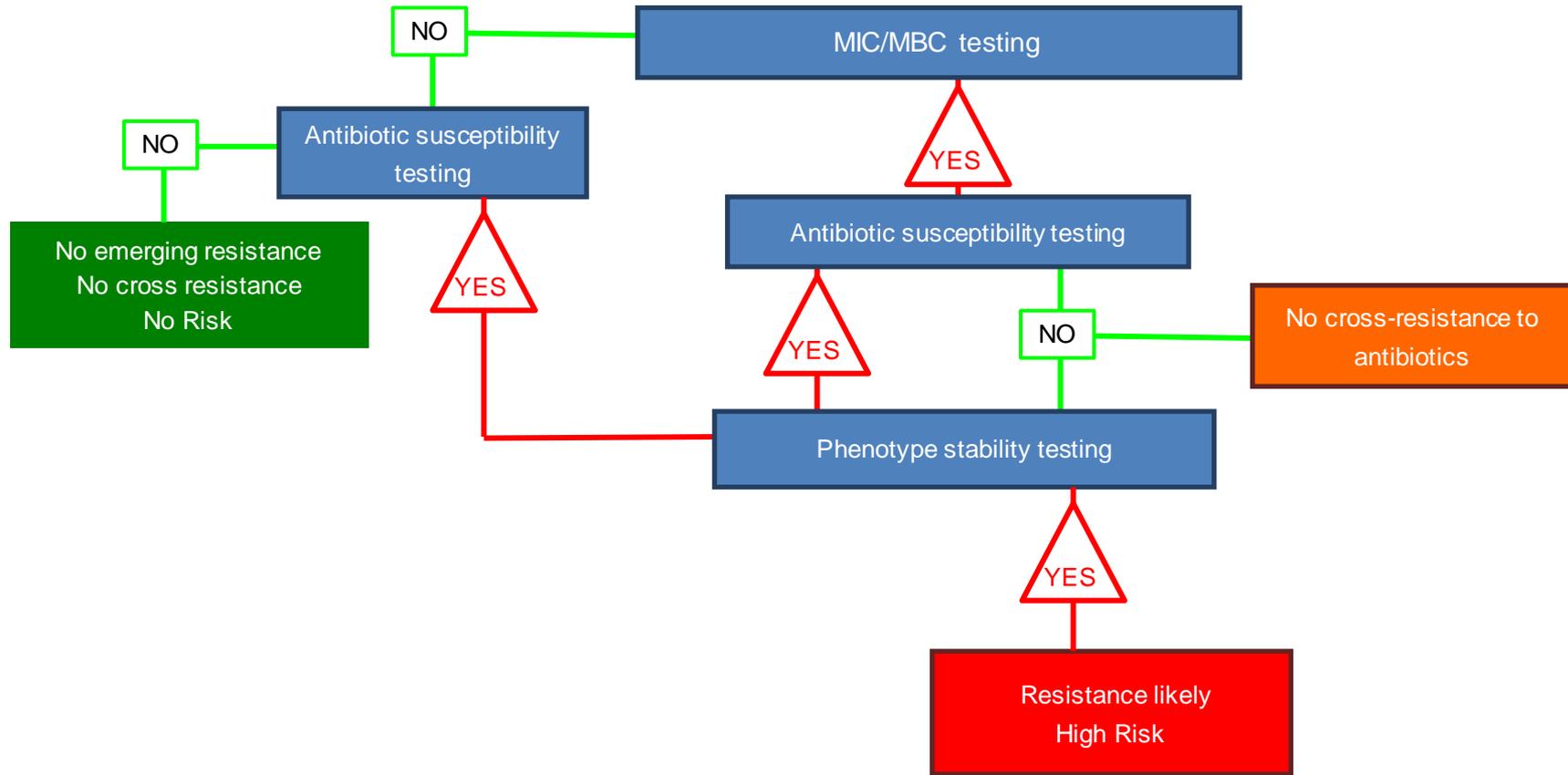
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REALITY CHECK

Predicting resistance and cross-resistance

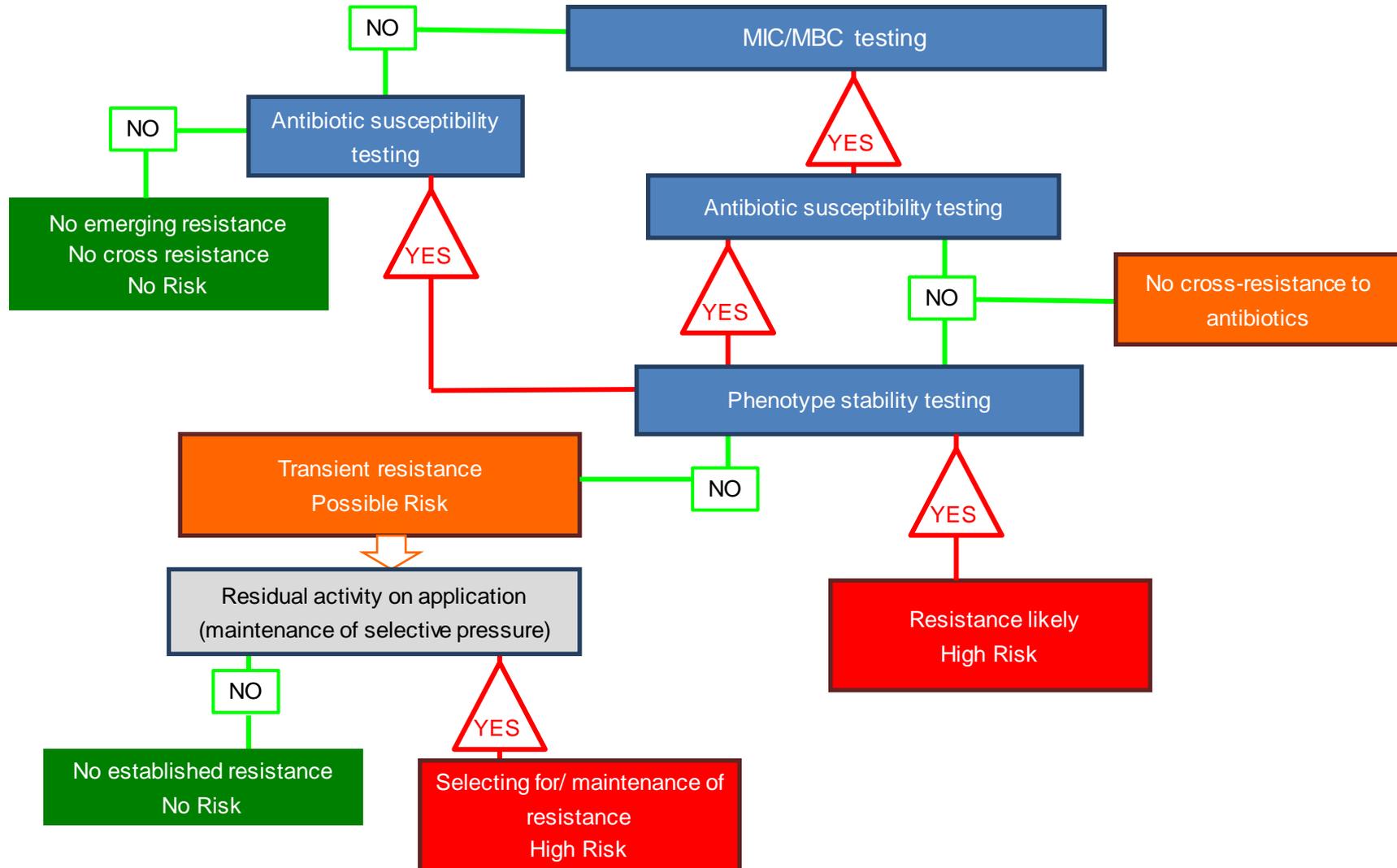
Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.



REALITY CHECK

Predicting resistance and cross-resistance

Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.

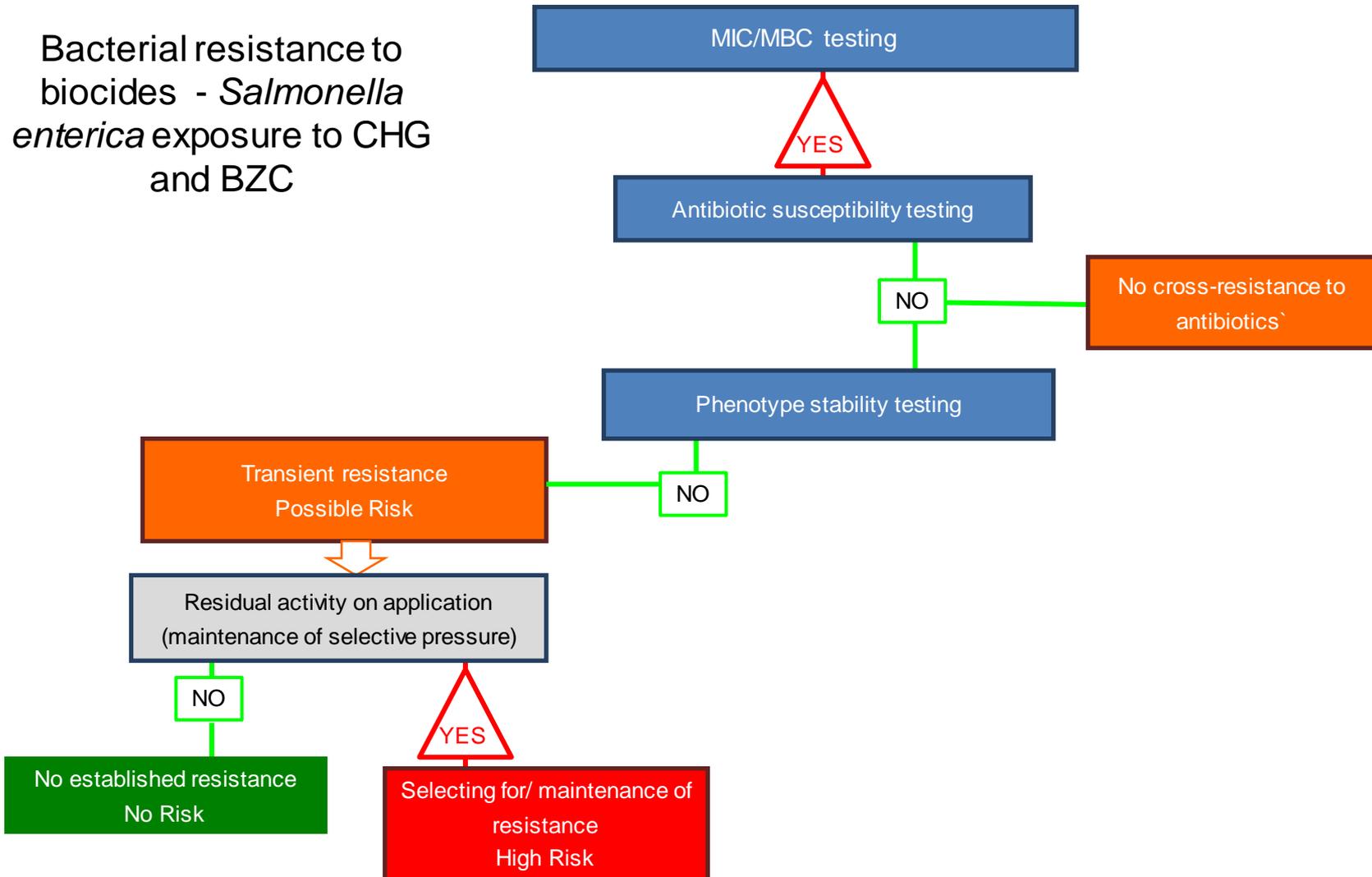


REALITY CHECK

Predicting resistance and cross-resistance

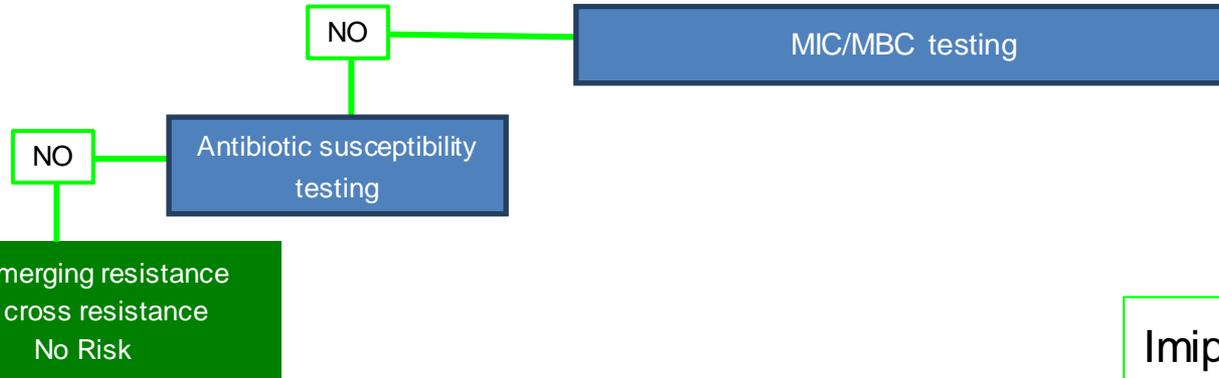
Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.

Bacterial resistance to biocides - *Salmonella enterica* exposure to CHG and BZC



Predicting resistance and cross-resistance

Knapp et al. Appl Environ Microbiol 2015; 81(8):2652-9.



Imipenem (10 µg)
Ceftazidime (30 µg)
Meropenem (15 µg)
Tobramycin (10 µg)
Aztreonam (30 µg)

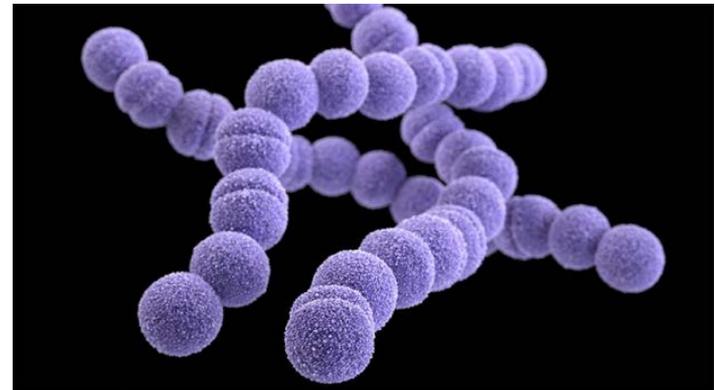
Bacterial resistance to biocides

Ps. aeruginosa exposure to a mouthwash
0.0000125% chlorhexidine (1/40 in use dilution)

Ps. aeruginosa exposure to a shampoo
0.000015% benzalkonium chloride (1/100 in use dilution)



CONCLUSIONS



CONCLUSIONS

The obvious?

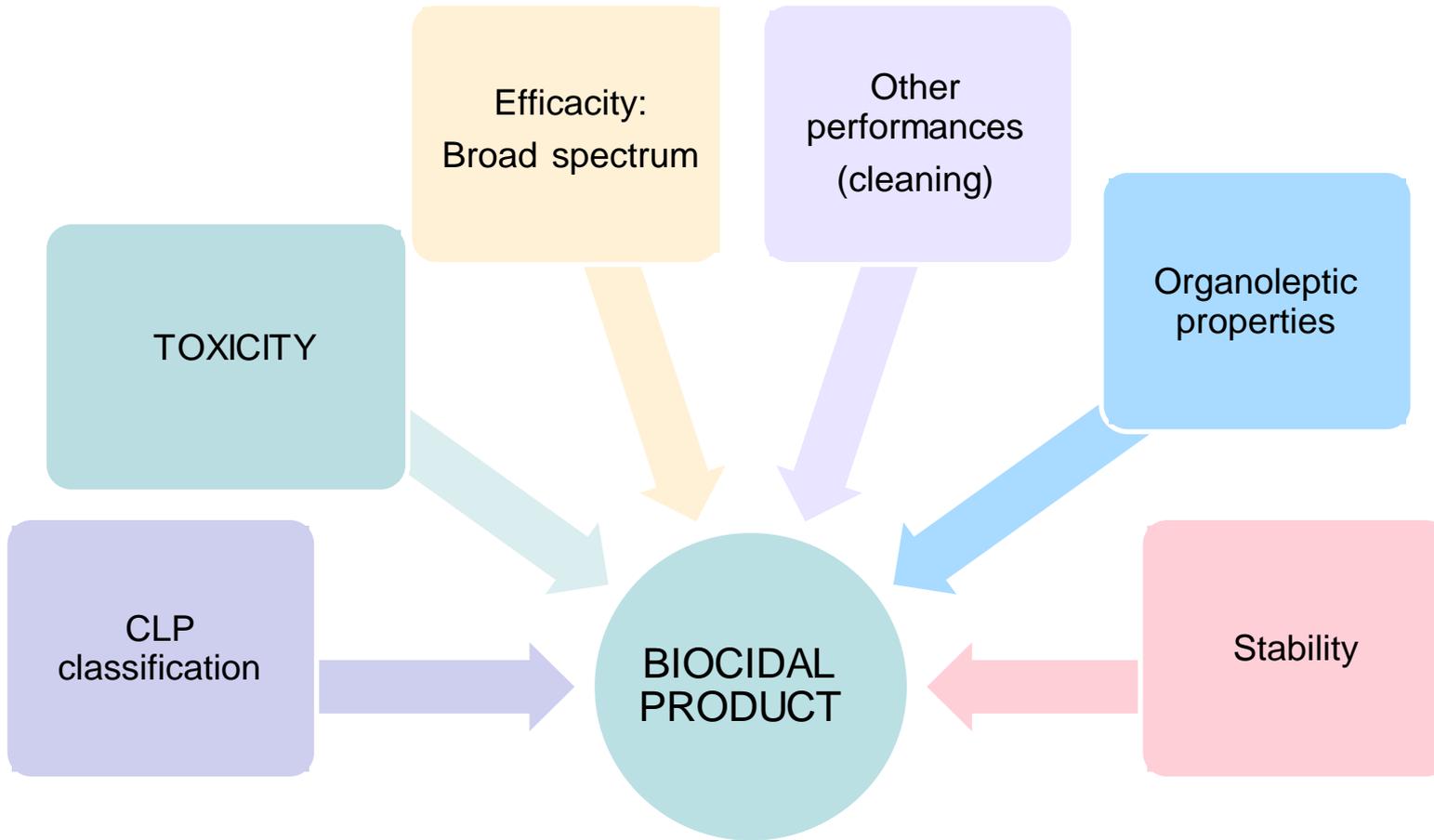
**A DEAD BUG CANNOT
BECOME RESISTANT**





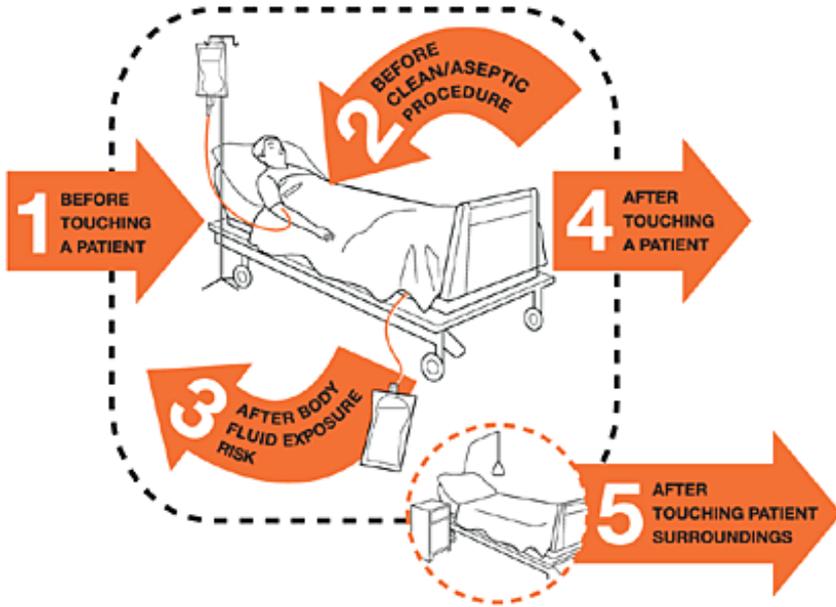
CONCLUSIONS

The obvious? Complex formulations



CONCLUSIONS

The obvious?



vs.

OVERUSE

40%

Median hand hygiene compliance from 95 studies.

Erasmus *et al.* *Infect Control Hosp Epidemiol* 2010;31:283-94.



CONCLUSIONS

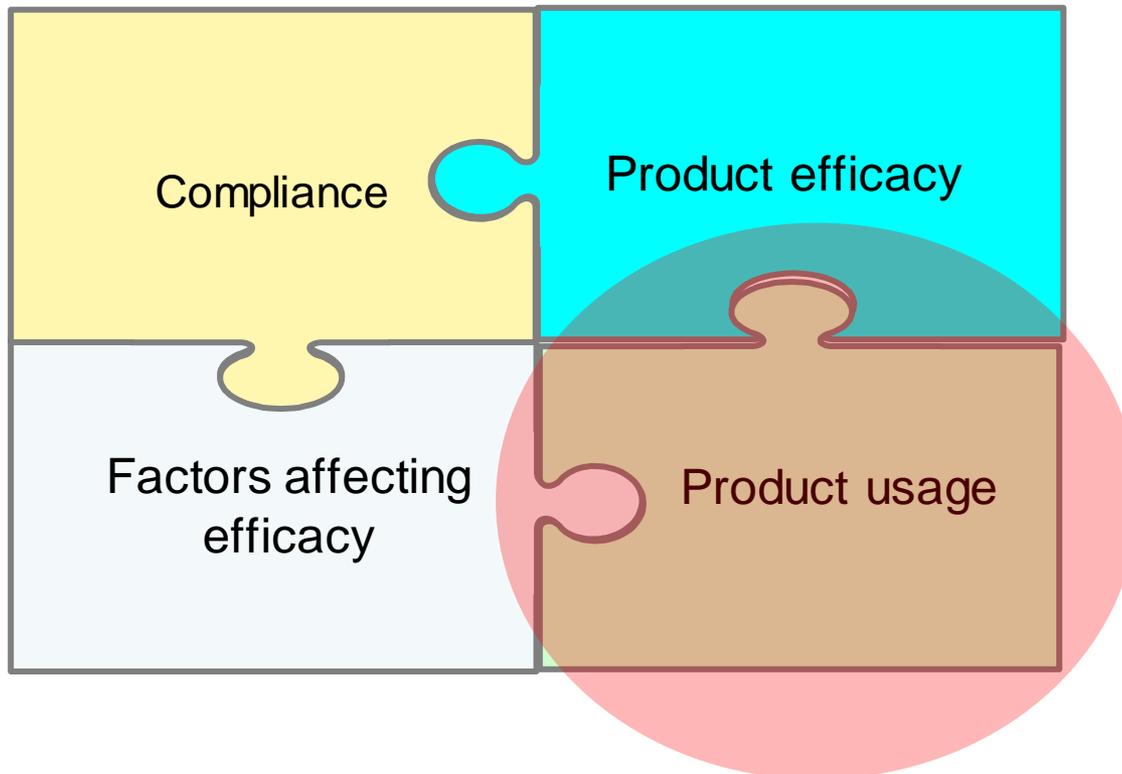
The obvious – product usage

Improving practices (product usage) and product efficacy are essential for a better control

Otter *et al.* *ICHE* 2011;32:687-99

Rutala & Weber. *J Hosp Infect* 2001;48:S64-8.

Boyce. *J Hosp Infect* 2007;65:50-4.



THANK YOU



Email: maillardJ@cardiff.ac.uk

(FREE European Teleclass - Broadcast live from the 2018 IPS conference)

September 30, 2018

Cottrell Lecture ... SURVEILLANCE BY OBJECTIVES: USING MEASUREMENT IN THE PREVENTION OF HEALTHCARE ASSOCIATED INFECTIONS

Speaker: **Prof. Jennie Wilson**, University of West London

(FREE European Teleclass - Broadcast live from the 2018 IPS conference)

October 2, 2018

Ayliffe Lecture ...THE IMPACT OF DISINFECTANTS ON ANTIMICROBIAL RESISTANCE - AN AYLIFFE PREDICTION

Speaker: **Prof. Shaheen Mehtar**, Stellenbosch University, Cape Town, South Africa

(FREE CBIC Teleclass)

October 11, 2018

INFECTION CONTROL CHAMPIONS ARE MADE, NOT BORN

Speaker: **To be announced**

(South Pacific Teleclass)

October 17, 2018

BIOFILMS IN THE HOSPITAL ENVIRONMENT - INFECTION CONTROL IMPLICATIONS

Speaker: **Prof. Karen Vickery**, Macquarie University, Australia

INFECTION PREVENTION CORE PRACTICES: RESETTING THE BAR FOR SAFE PATIENT CARE

October 18, 2018

Speaker: **Prof. Ruth Carrico**, University of Louisville

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