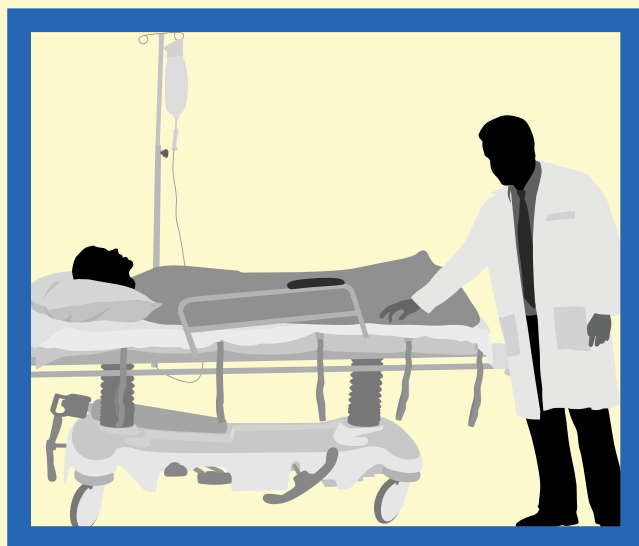


# Your **4** moments for hand hygiene

**Before** initial patient/  
patient environment  
contact



**Before** aseptic  
procedure



**After** body fluid  
exposure risk



**After** patient/  
patient environment  
contact