

APPROPRIATE USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE)

For viral respiratory illnesses in health-care settings



More pieces and layers of PPE doesn't mean more protection

Double gloving, using double or combinations of masks/respirators, and using head, neck or shoe covers are not recommended for droplet and contact precautions.



Wearing extra PPE may affect:

- the donning/putting on process, impacting the effectiveness or fit of the PPE
- the doffing/taking off process, which may increase the risk of self-contamination
 - If you wear items such as ear savers, barrettes, hooks, etc., make sure you know how to remove them without contaminating yourself.



Exceptions:

- Areas requiring routine use of hair or shoe coverings (e.g., operating rooms, medical device reprocessing, food service areas).
- Exceptions made by institutional Infection Prevention and Control and Workplace Health and Safety (e.g., for high-threat pathogens).

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