

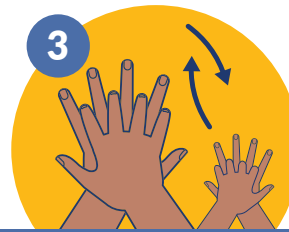
# How to use hand sanitizer?



1 Apply a palmful of the product in a cupped hand, covering all surfaces



2 Rub hands palm to palm



3 Rub back of the hands



4 Rub between fingers



5 Rub back of fingers in each palm



6 Rub each thumb



7 Rub finger nails in each palm



8 Rub wrists until dry



9 Once dry, your hands are safe

Apply enough product to keep hands moist for 15 seconds.  
Wash with soap and water if hands are visibly soiled.

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Ministry of Health

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PROVINCIAL INFECTION CONTROL NETWORK OF BRITISH COLUMBIA  
A program of the Provincial Health Services Authority

Adapted from the World Health Organization hand hygiene posters by the Provincial Hand Hygiene Working Group

