

Sanitizer or soap: which is best?



Either will kill germs;
use soap and water if hands are visibly dirty.

Sanitizer:

- kills germs on contact
- is readily available
- takes about 15 seconds to properly clean hands
- contains emollients to keep your skin healthy

Soap and water:

- removes dirt and BBF (blood and bodily fluids)
- take about 30 seconds to properly clean and dry hands
- preferred in cases of infectious diarrhea

(Remember: not drying your hands properly is what gives you dry skin.)

