

Soap or Sanitizer: which is best?



Either will clean your hands;
use soap and water if hands are visibly soiled.

Soap and water:

- remove dirt and BBF (blood and bodily fluids)
- take ~30 seconds to properly clean and dry hands
- preferred in cases of infectious diarrhea

Sanitizer:

- kills germs on contact
- is readily available
- takes ~15 seconds
- contains emollients to protect skin



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